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Your essential daily



Nuit Blanche marks Edmonton's arrival on the international cultural scene, and we've got details — and a map metroNEWS

Alberta man charged over ISIL video

TERRORISM

22-year-old is believed to be in Syria fighting with militants

The RCMP have laid charges in absentia against a Calgary man who was seen burning his Canadian passport and threatening U.S. President Barack Obama in an Islamic State of Iraq and the Levant (ISIL) propaganda video.

Farah Mohamed Shirdon, 22, faces offences including participation in the activity of a terrorist group and instructing others to carry out terrorist activity.

Mounties said Thursday the charges are being laid in absentia because they believe Shirdon remains overseas.

A nationwide arrest warrant has been issued and a notice was

to be issued via Interpol.

Police said their investigation determined that Shirdon left Canada on March 14, 2014, to fight with ISIL in Syria. RCMP Assistant Commissioner Marlin DeGrand said it's believed Shirdon served in various roles with the organization.

"Our investigation showed that Shirdon served in a combat role and performed other functions for ISIL such as recruiting, fundraising, encouraging others to commit violence and spreading propaganda — all designed to enhance the activities of the ISIL," DeGrand said in a release.

Last year, the CBC aired the propaganda video of Shirdon burning his passport and threatening Obama.

"We are coming and we will destroy you," he said, surrounded by several men with guns. One of the terrorism charges relates to that video. THE CANADIAN PRESS

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NEW MANAGEMENT

Motel refitted

Thomas Legros wants people to know the Aurora Motel is under new management.

The Aurora was one of a string of west-end motels, identified during an Edmonton Police investigation dubbed Project Watch that had become magnets from criminal activity.

The Alberta government was paying for rooms in many of the properties, but since the project came to light it has done 18 inspections of city motels and blacklisted six properties.

Legros said he heard the stories when he took over in January, but he has renovated rooms and is much more diligent about security.

"It needed to be done," he said. "The rooms really did look shabby."

RYAN TUMILTY/METRO

Project Watch family of six finds a home at last

METRO INVESTIGATES

After months, the Mineaults have found a place to live



Ryan Tumilty
Metro | Edmonton

In two weeks, Duane Mineault and his wife, Tanya, will be able to sleep in the same room, and their five kids will have more than a parking lot to play in.

The reason: They will have an actual home.

As Metro has chronicled over the past five months, Mineault, Tanya and their five children spent more than a year living in motels, many with bed bugs and rodents, as the government has placed them there thanks to a dearth of other affordable housing in the city.

The two southside motel rooms the Alberta government has them in currently cost it about \$10,000 a month.

The clean rooms they're living in now are a step up from where they were, of course, but they're still just motel rooms.

Before they got news about the home, Mineault said he was "ready to move towns or move cities" to change the situation.

In the months since Metro



Duane Mineault, his wife Tanya and their children in one of two motel rooms they're currently living in. The family recently found out they will be able to move into a clean, affordable rental house. KEVIN TUONG/METRO

first reported on the government's use of motels to house people on social assistance, which came to light after a police initiative called Project

Watch flagged the motels, 118 families in Edmonton have been moved out of hotels and into housing, and social workers are attempting to help another 73.

But one of the biggest barriers, said Human Services spokesperson Mike Berezowsky, is the size of these families. Of the remaining 73, 32 have more than six people.

"When you have six or more

members there is going to be a requirement for more rooms in the house," he said. "It's a simple matter of fact that a lot of social housing and low-

difficulties with mental illness or substance abuse that has seen them evicted from rental properties in the past.

Meanwhile, back at the

“It's like a big dream and it's still sinking in ... The whole thing can do a 360 and we can start new again.”

Duane Mineault

income housing hasn't been built that way.”

Berezowsky added many of the families struggle with landlords because they've had

hotel, Mineault has burned through the savings he had when he, his wife and children moved in, and it will take him some time to make it back —

his doctor doesn't want him to work due to a leg injury from a car accident.

He gets cynical at times, saying it seems there's an entire industry of people working on his family's concerns without much success.

While he gets poor, "everybody is making money off of this situation," he said.

Still, he's happy to have a house and chance to restart.

"It's like a big dream and it's still sinking in," he said. "It's everything. The whole thing can do a 360 and we can start new again."

IN BRIEF

Varscona alumnus raises money for renovation

Nathan Fillion, a former player of the Varscona Theatre, has successfully fundraised \$109,000 in support of its renovation.

The crowdfunding campaign on Prizeo.com launched on August 10th and will close Monday, September 28.

Funds raised for the renovation will provide the beloved artist-run theatre with an enhanced entertainment experience and improve audience comfort. METRO

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SOCIAL PROGRAMS

Housing on the minds of mayors

Toronto's affordable housing shortage is threatening employers' ability to attract workers, Mayor John Tory said Thursday, demanding that federal parties offer solutions before the Oct. 19 election.

Tory's comments came after strategizing with counterparts from Vancouver, Edmonton, Halifax, London and Kitchener on how to get affordable and social housing on the campaign radar.

Almost every day, Tory said, businesspeople warn that the costs of shelter — the average detached Toronto house was priced at more than \$1 million last month — along with transit challenges are making it harder to recruit and keep staff.

"Businesses are figuring out that this is not sustainable," Tory told reporters after the mayors' meeting. "This will become more and more of a competitive disadvantage and a problem for jobs, if it's allowed to continue."

The mayors' voices are being

heard like never before. They made note of the major promises parties have made on transit and infrastructure funding since the Federation of Canadian Municipalities (FCM) gathering in February.

But they are not satisfied with how the federal parties have dealt so far with issues such as helping municipalities combat homelessness, providing or supporting subsidized housing for lowest-income residents, or incentives to the private sector to build housing for people with working-class in-



It's basically been forgotten in the election to date.

Vancouver Mayor
Gregor Robertson

comes.

Edmonton Mayor Don Iveson said the three major parties have promised parts of his wish list — creation of new social housing units, rental market stimulus, use of federal lands, commitment to renew and expand \$1.7 billion worth of expiring CMHC mortgages, and a "Housing First" homelessness strategy.

TORSTAR NEWS SERVICE



Mayor Matt Brown, of London, Ont., left; Toronto Mayor John Tory; and Vancouver Mayor Gregor Robertson lead colleagues from Hamilton and Kitchener and their staffs to a YWCA housing project in Toronto on Thursday.

DAVID RIDER/TORSTAR NEWS SERVICE



Eligible electors are encouraged to cast their ballot for a new Edmonton Public School Board Trustee. There are eight candidates in contention to replace the outgoing Sarah Hoffman. TOPHER SEGUIN/METRO

Ward G voters head to the polls Monday

EDUCATION

'Dramatically' lower turnout expected for byelection



Andrea Ross
Metro | Edmonton

Eight candidates are running to be Edmonton Public School Board's new Trustee, but voter turnout may not reflect the ample interest in the position.

Ward G voters will head to the polls Monday to replace Sarah Hoffman, who resigned when

she became an NDP MLA in May. Hoffman won her post in 2013 by acclamation when no one ran against her.

The last byelection in 2010 saw 20,000 votes cast, around 38 per cent of eligible voters, Edmonton Returning Officer Laura Kennedy said. This byelection was in tandem with the city's general municipal election, offering voters the chance to cast their ballot at the same time as their mayoral pick.

As a result, Ward G interim trustee Michael Janz said voter turnout could be "dramatically" lower this time.

"We are expecting a lower voter turnout because it's difficult to get the word out about



It's difficult to get the word out ... with the competition from the federal election.

Michael Janz

the byelection with the competition from the federal election that's going on at the moment," Janz said.

This year, the EPSB will tackle big issues such as school budgeting, transportation, modernizing existing schools in mature neigh-

bourhoods and ensuring new schools are built in suburban neighbourhoods, Janz said.

Despite the importance of the upcoming year's agenda, Janz said he still expects it to be difficult attracting eligible voters to the polls Monday.

But having eight candidates in the running points to a shared interest in shaping the school system's future, he added.

"I think there's a lot of interest in politics with the change in the provincial government," Janz said.

"There are a lot of people who may not have previously been involved in politics and are maybe seeing this as more of an opportunity to have their voice heard."

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Renovation work to McDougall United Church is being covered by the city, the province and through fundraising efforts by the congregation. KEVIN TUONG/METRO EDMONTON

Old church gets facelift

REPAIRS

105-year-old building to undergo major restoration



Andrea Ross
Metro | Edmonton

Exterior repairs to the McDougall United Church started Thursday, one of the first steps in renovating the aging building.

The south towers of the building at 100 Avenue and 101 Street are undergoing repair work to make them stable for winter.

They will be protected with nylon netting until spring, when the more extensive renovations will begin.

"The cornices have to come

down and be repaired, and there's a lot of defacing of the brick work that has to be repaired as well as some of the windows and trim," said McDougall's minister, Christina Bell Smith.

The province offered \$750,000 in April to cover the costs of restoring the 105-year-old church, and the city also pitched in \$500,000.

The church has a Provincial Historic Designation and the congregation, the Friends of the McDougall United Church and members of the city's arts community are raising more money to help cover the renovation costs.

The church has started the process of hiring a project manager, architects and engineers to offer guidance throughout the building's facelift.

"We're very grateful to all the people involved for their concern about the building," Bell Smith said.

Edmonton lawyer spearheads VW suit



Braeden Jones
Metro | Edmonton

People who felt duped by Volkswagen when they learned of its dishonest emissions testing work-arounds have an advocate in Edmonton.

Richard Mallett of James H. Brown & Associates is spearheading Canada's first class action suit against the German auto manufacturer.

"We've heard from probably 400 people already," he said. "People are very upset. As a VW owner they thought they were getting something environmentally friendly. They are upset they've got cars that are actually heavy polluters."

The Environmental Protection Agency stated Friday that VW installed software to cheat emissions tests, and that under actual real world driving, some models emitted 40 times the allowable pollutants.

He expects there are between 100,000 and 200,000 affected vehicles in Canada.

Mallett explained the people interested in joining the class action have varying concerns, but all hope for some kind of compensation.

"We've heard from some people that found the value of their vehicles has dropped 25 to 30 per cent on a trade in or when they sell," he said. "Also, you pay a premium with the clean diesel, you pay ex-

tra for that... that's several thousand dollars more and you're not getting any value for that."

But on top of lost capital, he says there is a concern that if VW fixes the problem it will affect the gas mileage, "so that will cost you out of pocket long term."



Richard Mallett.
BRAEDEN JONES/
METRO



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IN BRIEF

Single-vehicle crash kills man on south side

One man was killed in a single-vehicle crash on the south side Wednesday night.

Edmonton police were called to the area of 23 Ave. and Terwillegar Dr. at around 11:30 p.m.

Two men in their 30s

were ejected from the vehicle. The driver sustained life-threatening injuries and later died in hospital.

The victim's name has not been released. Police said an update on the cause of the crash will be provided later.

METRO

Teen moms tell it straight

TERRA CENTRE

Peers explain how being a young parent is not like on TV



Andrea Ross
Metro | Edmonton

Shelise Larner happily volunteers her time showing students that being a teen mom was a far cry from the polished version shown in the hit MTV series.

The 21-year-old spent the past year driving an hour each way from her home in Tofield every day to Braemar School in Edmonton, a high school exclusively for pregnant and parenting young mothers.

She did three grades in one year, earning the 77 credits she needed to graduate in 2014. She did this while caring for her three-year-old son, Liam, and two-year-old daughter, Neveah, by herself.

Harner's story is a bit of



With two kids under the age of 5, Shelise Larner knows being a young mother isn't always easy. She's passing on that message to other young parents. KEVIN TUONG/METRO

a reality check for the junior and high school students she speaks to through the Terra Centre for Teen Parents' Peers Educating Peers Program, which brings young mothers, fathers and their children into city classrooms to talk about the consequences

“It brings home the point of how much work it is.”

Talia Adler-Magat

of teen pregnancy.

“It gives me a chance to let students know that the reality of being a teen mom is a lot different than what you see on TV,” Larner said. “It’s difficult.”

Funded by Family and Community Support Services (FCSS) and community donors, the

PEP program dates back to the 1970s. With increased funding, the program went full time this month.

There are currently 25 young parents who volunteer their time to speak with students.

“We talk about the realities and challenges of being a teen parent,” PEP Facilitator Talia Adler-Magat said. “It brings home the point of how much work it is to have a child.”

Topics discussed include paying child support, the media’s representation of teen parents, contraception use, altered social life and the financial difficulties faced by teen parents.

Last year, the program visited 25 schools across the city. Adler-Magat said she expects more visits this year as demand continues to increase.

It’s the only program of its kind in the city, she said, and gives students the chance to learn about the reality of teenage pregnancy and parenthood through someone their own age.

“They’re able to interact more as peers,” Adler-Magat said. “The students just really connect with them.”

IN BRIEF

Oilsands monitoring group to survive cuts

An oilsands environmental monitoring group has voted not to disband despite having no secure source of revenue next year.

The Fort McMurray-based Cumulative Environmental Management Association learned this past summer that the province would make industry funding of the group optional next year.

The organization relies on industry funding for almost all of its \$5-million budget.

Terry Abel, the oilsands director at the Canadian Association of Petroleum Producers, said CEMA had fulfilled its mandate and there are now organizations that could accomplish the same tasks more efficiently and effectively. He said CEMA had done some great things over the years, but that the regulatory environment has changed considerably in the 15 years since the organization was created.

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Energy sector jobs on the line in Edmonton Manning

ELECTION 2015

Candidates weigh in on concerns about oil, jobs



Ryan Tumilty
Metro | Edmonton

The falling price of oil has taken the jobs of many of the people in Edmonton Manning with it.

The north-side riding is not only home to Edmonton's Energy Park and other industrial development, but to many oil workers

who now worry about making a living.

NDP candidate Aaron Paquette hears those concerns at the doors.

"A lot of people are saying they have lost their job and they're worried they are going to lose everything, so they're looking for a plan," he said.

Paquette said his party sees the future of Alberta not in just mining bitumen, but refining it and developing a world-class petrochemical industry.

"It doesn't make sense that we are shipping our raw bitumen right out of the country, to get processed somewhere else and then we basically buy it back."

Conservative candidate Ziad

Aboultaif said there is little any government can do about the price of oil, but it can ensure a welcoming environment.

"What we can do and what we have done is to ensure a welcoming business environment that results in job creation and prosperity," he said.

He said the Conservative government can also be trusted to push for pipelines to get Alberta oil to market.

Liberal candidate Sukhdev Aujla said the government has to take a broad view.

"The Liberal party of Canada is committed to working with the oil industry to maintain and strengthen this vital part of our economy, for all over Canada, not just in Alberta," he said.

He said the government has to play a role in improving the industry's environmental record to make it grow.

"Investing in clean jobs and technology to make it efficient and competitive in all sectors."



The Edmonton Manning riding in the city's northeast includes the Edmonton energy park.

JAMES WHITMAN / METRO



It doesn't make sense that we are shipping our raw bitumen right out of the country, to get processed somewhere else and then we basically buy it back.

Aaron Paquette

ON THE RECORD: METRO ASKS THE CANDIDATES

Aaron Paquette – NDP

Why are you running?

I am running mainly because, to be honest, after all these years of Harper I am a bit frustrated. I am watching my family and friends and neighbours working harder and harder and not getting ahead.

The general feeling is that it's time for change. It sounds like a slogan, but that is literally the things I have been hearing.

What is this election about?

I think this election is about the economy. That's what I am hearing at the doors over and over again. It's just the pocket-books issues, they're talking about their jobs, they're talking about the cost of living and raising their kids.

How would you fix federal politics?

The first thing is just what I am doing. I am running for government. I am from the community. I care about the community and to me that's a big thing right there; to actually get people who might not have ever run for politics involved.



Ziad Aboultaif – Conservative

Why are you running?

I want to give back to my community and help ensure its continued prosperity and growth.

What is this election about?

This election is about which party and leader can grow our economy, create jobs and keep Canadians safe. It's about economy and safety and security.

I believe the Conservative party is the only party with a credible plan and proven track record.

How would you fix federal politics?

My job is to advance the interests of my constituents to advance the constituents in Edmonton Manning. It's as simple as that. I will do my best to make sure they have a voice in Ottawa.

It's a new riding and that's where my focus will be.



Sukhdev Aujla – Liberal

Why are you running?

I came to Canada about 43 years ago, with an education and experience that helped me establish in this country, in my career and in society. Canada has been great to me and I am at a stage in my life where I can and I want to contribute.

Canada has been known all over the world for basic values of hard work, compassion, mutual respect and tolerance. Over the past few decades these values have been seriously eroded and diluted.

What is this election about?

This election is about the economy, about fairness and all of those values. Oil prices are going down and our economy is going down, in the last few month everybody has seen it. We are going into the negatives and we have to turn around and do something to save this country.

How would you fix federal politics?

We have to create better access to employment insurances. Lower taxes on the middle class and invest in infrastructure.



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Galleria auditions for dollars



Ryan Tumilty
Metro | Edmonton

Edmonton Galleria proponents hope hoop dancers, ballerinas, opera singers and a string quartet will help make the case for the provincial government to fund the facility this Saturday.

The foundation behind the proposed project is staging a free concert in an empty parking lot that could one day be their facility — though it's currently stalled until funding comes together.

Godfrey Huybregts, spokesperson for the foundation, said Saturday's event is an opportunity to show the diversity of performers and talent and entertainment that would be part of the Galleria on an ongoing basis.

The project would include commercial space, as well as up to four theatres and a new space for the University of Alberta's faculty of Fine Arts and Design.

The foundation hopes to have the university sign a long-term lease for its space, which would help underpin the rest of the

project. To do that the university would need a boost in funding from the provincial government.

"We certainly hope the new government would see the new project as a valuable infrastructure asset to invest in," Huybregts said.

Leah Holoiday, press secretary to Advanced Education Minister Lori Sigurdson, said they haven't yet had extensive discussions about the project.

"We look forward to any proposals they might submit and will review accordingly," she said.

IN BRIEF

Police lay murder charges

A man is charged with first-degree murder after his estranged wife was found dead Tuesday.

RCMP found 55-year-old Melanie Hunter's body when they responded to an alarm at her home. Brian Ralph Beglau, 58, is charged with first-degree murder in relation to her death. He was married to the victim, but they were separated at the time of the incident. METRO



A special bus being unveiled Monday will be offering free rides in exchange for survey responses. METRO FILE

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Transit plan development moves ahead

TRANSPORTATION

Work on a 25-year vision began this fall



Braeden Jones
Metro | Edmonton

One of the largest public consultations the city has ever held has seen city staff speak directly to more than 1,200 people, and collect survey responses from more than 2,000 about transit.

"And we are just getting started," said city planner Sarah Feldman of the Transit Strategy – What Moves You? engagement campaign being used to develop a 10-year plan for public transit.

On Monday, a vinyl-wrapped bus will be unveiled at the Art Gallery of Alberta before it's thrown into regular service on various routes, offering free rides in exchange for survey answers.

The bus is one part of the

campaign, which also includes workshops and targeted surveys.

Feldman explained the 18-month consultation and strategy development is broken into phases.

"The reason it is so long is we are starting with the vision and principles. We aren't proposing anything to the public right now, just gathering ideas," she said, adding that work on a 25-year vision for transit began this fall and will continue through the winter.

The next part will be setting the 10-year strategic plan with goals "and actions associated with those goals," along with "concrete, on-the-ground things we are going to do to get there."

Feldman said it could be a change to the bus network, changes to the technology or customer service, but it's too early to say what the next 14 months of consultation will yield.

"We want to hear what Edmontonians want out of their transit system."



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Stars descend on city Expo

POP CULTURE

Cosplayers, celebrities alike look forward to 'diverse' event



Braeden Jones
Metro | Edmonton

At the fourth annual Edmonton Comic and Entertainment Expo this weekend, it's not just comic book fans that have heroes to meet.

Television stars like Taryn Manning of *Orange Is the New Black*, James Marsters from *Buffy* and *Smallville* fame along with Jenna Coleman from *Doctor Who* and others round things out in what will be a "diverse" convention, according to spokeswoman Emily Expo.

"When I tell people about the comic expo and they say 'That's cool, I'm not really into comics,' I say 'You don't have to be there's a whole lot of stuff,' she said. 'We try to have a wide variety ... It's most def-



Star Trek: Voyager actor Garrett Wang has attended the past three conventions in Edmonton, and is moderating a couple of panels this year. CONTRIBUTED



I always love coming to the Edmonton Expo ... I've become friends with the powers that be.

Actor Garrett Wang

initely a pop culture event."

One new feature for Expo goes that event planners focussed on is showing stars out of their element, such as Billy Boyd, better known as "Pippin" in the *Lord of the Rings*

+ MEET & GREET

Emily Expo said that between panel discussions, photo opportunities and autograph sessions, fans have a multitude of ways to get "really up close and personal" with the celebrities.

series, performing with his band Beecake.

Expo said she's heard people are excited to meet people they know from movies and shows, and see "they are human beings just like us."

And the stars are as happy to see Edmonton as Edmonton is to see the stars.

Star Trek: Voyager actor Garrett Wang has been to the last three Expos and is moderating the Stan Lee and Guardians of the Galaxy panels this year.

"I always love coming to the Edmonton Expo," he said, adding that "as a foodie," Edmonton is a great city to visit.

He even had dinner with Mayor Don Iveson last year.

"I've become friends with the powers that be," he said.

IN BRIEF

No public-sector layoffs despite recession: Notley

Premier Rachel Notley says the Alberta government will maintain public-sector services and not lay off workers despite a drop in revenue.

Notley gave some hints about the NDP's first provincial budget next month in a speech to the Alberta Urban Municipalities Association in Calgary.

She warned there will be some program cuts, since the government wants to return to a balanced budget as soon as possible.

Notley also suggested there will be some cash allocated for what she called "shovel-ready" projects at the municipal level.

The premier declined to say when asked by reporters if Albertans could face tax increases when the budget is released in late October.

She did indicate she believes Albertans are willing to pay for their health and education.

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Public sector safe: Premier

ECONOMY

Despite tight budget, Notley says province won't cut jobs

Premier Rachel Notley says the Alberta government will maintain public-sector services and not lay off workers despite a drop in revenue triggered by plunging resource revenues.

Notley gave some hints about the NDP's first provincial budget next month in a speech Thursday at the Alberta Urban Municipalities Association convention.

"We're going to stabilize public services and correct some mistakes the previous government made in managing finances like a \$1.1-billion cut to health care and deep cuts to our schools and post-secondary institutions," she told delegates.

A budget was introduced,

but never passed, by former premier Jim Prentice's Progressive Conservative before it was defeated by Notley and the NDP in May.

Finance Minister Joe Ceci has been touring the province to gather input for his budget.

He has warned that challenges lie ahead as it will be the first full fiscal year with oil at drastically reduced prices.

Ceci has already said that Alberta is on track for a record \$5.9-billion deficit this year as the oil crunch hits families and businesses.

"It makes no sense to respond to layoffs and job losses in the economy by making things worse by more layoffs and more job losses," Notley said.

"I would suggest this is a basic disagreement with both of the province's conservative parties. They continue to make their case, which is about immediately laying off thousands of public ser-

“It makes no sense to respond to layoffs and job losses ... (with) more layoffs.”

Rachel Notley, Alberta Premier

vants, including teachers and nurses.”

The current economic situation actually means the time is right for a “significant re-investment in infrastructure, the premier said.

“We are looking carefully for useful, well-thought-out, shovel-ready initiatives that make sense to green-light this fall in the light of economic circumstances. Then there will be an additional sum we will be investing in our province's infrastructure over the course of a five-year capital plan.”

THE CANADIAN PRESS



The Alberta government does not want to institute layoffs for public servants, including teachers and nurses. CP FILE PHOTO

ADVOCACY

Youth funding restored

An Alberta government legislative committee has voted to restore funding to the province's child and youth advocate.

Last year, the former Progressive Conservative government cut funding the advocate said was needed to do more investigations into deaths of children in government care.

In February, the Tories turned down a request to restore the \$275,000 to help pay the salaries of three new investigators and two analysts. The child advocate went ahead and paid these staff anyway, but had to make cuts to the organization's budget to do it.

Tim Chander, a spokesman for the child advocate, says they are heartened by the unanimous vote Thursday to approve the restoration of the funding.

Human Services Minister Irfan Sabir praised the decision, saying he looks forward to future recommendations from the advocate on how to improve government support for vulnerable people. METRO/

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Nuit Blanche: Navigating, discovering

The city's most interesting person shares his weekend plans



HOW TO DOUGLAS

Douglas Dollars

Downtown Edmonton is throwing its first Nuit Blanche, an all-ages, no-cost, all-night art experience spanning the downtown core between 7 p.m. and 4 a.m.

"We started planning in late 2012," says Ruth Burns, chairwoman of Nuit Blanche Edmonton. "We've been at it for a while, and I can't believe it's almost here."

My advice: visit Churchill Square first. It's the home base for four of the larger works and a chance to get our bearings for the night after getting some food from the food trucks on hand. When in doubt, return to the square or follow the handy map on this page.

Churchill: The main program is The HalfLit Moon, featuring 14 artworks that will exist for one night only. The main feature is The Wish Tree/Imagine Peace, for which 121 trees will be installed. Visitors are asked to tie wishes to the branches until the trees are covered. To the east of the square is Beacon, which takes over build-

ing lighting systems to spell out a message in slow motion.

AGA: Bouncy Highrise will be an attempt to stack a 50-foot sculpture made of balancing bouncy castles atop each other.

Pedways: Force your way through balloons taking up Half the Air in a Given Space in the pedways covering 102a Avenue.

CN Tower: Toronto art collective vsvsvs brings us Make It Flat. They've built a temporary hockey rink, where a steam-roller-as-Zamboni crushes everything from toothpaste tubes to ceramics, painting a picture through the night via destruction.

City hall: The main room hosts Ouroboros, a sound and light installation using custom-made machines and synthesizers to draw with sound. Outside is Flora: Digital Greenhouse, an interactive garden of light and sound.

Stanley Milner: The library foyer hosts body || light, an interactive dance using the audience as controllers of illumination.

Ice District: In the parkade at 103rd Street and 103rd Avenue, we can view the Dance of the Cranes, which transforms four high-rise cranes into nimble performers. It lasts from 11 p.m. until midnight.

How to fold the map

1. Fold in half diagonally, vertically and horizontally.
2. With the map facing down, fold each corner up to meet the very centre of the paper. This is where all of the lines intersect from your folds.
3. When you've folded every corner in, you'll have a small-

er square.

4. Flip it over.

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READY TO ENGAGE

Metro's coast-to-coast daily election series connects young, urban Canadians to the issues they care about



VOTER PROFILE

Name: Cory Nicotine **Age:** 26 **Riding:** Edmonton Manning
His issues: Energy, environment, First Nations rights, arts

A vote for the future of First Nations Canadians



ROSEMARY WESTWOOD
in Edmonton

"This is where everything changed for me."

Cory Nicotine sits in a hall-way at iHuman Youth Society in Edmonton, in the downtown neighbourhood known as the Quarters — home to parking lots and social-outreach groups, crime and Chinese restaurants — not far from scenic parks of the river valley.

This is the organization where he came for help when he got into petty trouble with the law, and was recruited for a theatre project that "gave me a voice that I never thought I had." iHuman made him a youth mentor, a community organizer, and led his political awakening.

"If there's one question I got, if I see any of the potential prime ministers," he says, "it would be: What would Canada look like for a young person like me, First Nations person, living on or underneath the minimum wage? What would it look like under their power or control?"

At 26, and though two federal elections have passed since he turned 18, this will be Nicotine's first time voting for Canada's next leader.

"I want to exercise my

right. It's something indigenous people never got to do before. It's one way we could voice our opinions."

Nicotine has worries, and he's hoping the election can bring solutions and answers. Are major oil pipelines safe? Who will get the royalties? And what does it mean for First Nations near the oilsands?

Nicotine wants to see an inquiry into missing-and-murdered indigenous women ("like everybody"), but where will the money come from? And will it be taken from funds that currently help First Nations? How can we help young people without jobs? What about affordable education?

He sees the big three political parties in broad strokes: Conservatives represent "high class, billionaire, millionaire people. Liberals: middle-class, family people. NDP is looking for people trying to come up and make it."

That's Nicotine, who grew up "with nothing, wearing the same shoes and same clothes for about a year." But he hasn't decided who to vote for, yet.

Nicotine has worked on an art project with the NDP candidate in his riding, Aaron Paquette, who he calls a good guy with a good heart. He'd been thinking NDP, "because

Jack Layton was a cool dude." But now, the party "is different from when Jack Layton ran it." He's not so sure about Tom Mulcair. He thinks Justin Trudeau also seems like a "good guy," and he likes the Liberals' plan to decriminalize marijuana, even though he doesn't smoke it.

He wants a Canada that stands for multiculturalism and welcomes refugees, that listens to the will of its indigenous peoples, that is a world leader in environmental protection.

As for federal politics impact on his own life, "I haven't seen much help from the government," he says. "I've lived on a reserve and I've lived in the city, and nothing, I feel, has gotten better."

But Nicotine, who is also a filmmaker, has had the opposite: what a government can take away. A few years ago, he was set to go to Africa, where he'd already been as a Canada World Youth leader, and make a documentary. Then the Conservatives cut arts funding. "It could have been a life-changing experience for me. There was so much I was hoping for in that."

Rosemary Westwood is travelling across the country talking to young voters. On Monday she'll be in Calgary.

Playing the vote-swapping market

Tight ridings have plenty to offer with the right strategy



Jessica Smith Cross
Metro | Toronto

Claire Nielsen is offering a trade: She'll ("gasp") vote Liberal for you, if you'll vote Green or NDP for her.

Nielsen, a 21-year-old graphic design student from the British Columbia riding of South Surrey-White Rock is looking for someone to vote-swap with.

"If you live in a riding that could go NDP or Green and you want to #voteswap hmu. Willing to vote NDP, Green, or (shudder) Liberal. #cdnpoli," she recently tweeted.

Nielsen would like to vote Green, or if not Green, then NDP, but she doesn't think either of those options are likely to count for much in South Surrey-White Rock.

"We've typically gone Conservative before, and that's what I'm trying to avoid," she

said. So in comes the political calculus.

A recent vote projection for her riding by threehundredeight.com, suggests the Liberals are most likely to unseat the incumbent Tories. So, if Nielsen can find a suitable swapping partner — that is, a Liberal supporter in a riding where the NDP or Greens are in a close race with the Conservatives — she would pledge to vote Liberal in her riding on her behalf of her swapping partner, in exchange for her partner's promise to vote NDP.

But Nielsen hasn't yet found a match. She's worried her riding isn't close enough.

In the vote-swapping marketplace, where a voter's value is measured by their ability to affect outcomes, those in safe ridings have little to offer. And given that this is largely an anti-Harper movement, voters in safe Conservative ridings are the least valuable of all.

Those who find themselves in Nielsen's shoes might have better luck checking out some of the vote-swapping websites that have cropped up during this campaign.

Jim Harris, a former leader

of the Green Party, runs one of them: voteswapping.ca. The site, which is expressly devoted to defeating the Conservatives, shows users who enter their postal code a rundown of some recent polling and predictions for their riding. NDP supporters living in swing ridings where the Conservatives are in a tight race with the Liberals, and Liberals supporters living in swing ridings where the Conservatives are in a tight race with the NDP are invited to swap.

Green supporters are invited to swap votes with NDP and Liberal supporters in the one riding where the Greens might win: Elizabeth May's riding of Saanich-Gulf Islands. (Some have credited vote-swapping for May's victory in 2011.)

Harris thinks it won't take too many vote-swappers to make a big difference.

"In 2011, Harper won his majority with 14 seats," he said, "and when you look at the difference between the Conservative winner and the second place in the 14 closest ridings, it's 6,201 votes."

"So about 6,000 votes out of about 11.8 million gave Harper his majority."

VISUALIZATION

Sample swapping scenarios



SCENARIO 1:

A Liberal supporter in Kootenay-Columbia

NDP: 37%
Conservatives: 37%
Liberals: 15%

swaps with

An NDP supporter in Eglinton-Lawrence

Liberals: 37%
Conservatives: 35%
NDP: 24%

SCENARIO 2:

A Liberal supporter in Saskatoon-University

NDP: 37%
Conservatives: 37%
Liberals: 22%

swaps with

An NDP supporter in Fredericton

Liberals: 37%
Conservatives: 32%
NDP: 20%

51

Ridings were decided by 5% or less in the 2011 election.



Mohamed Fahmy with his wife Marwa Omara in Cairo, Egypt, Wednesday. AMR NABIL/THE ASSOCIATED PRESS

Fighting for a free future

JAILED JOURNALIST

For Fahmy, battle for open press in Egypt continues

Mohamed Fahmy is filled with hope for his future as a free man.

Mere hours after being released from a Cairo prison, the Canadian journalist who spent nearly two years fighting widely decried terror charges is eager to discuss the next stage of his fight for freedom of the press in Egypt.

"It's a whole new chapter, it's like being born again," he said as the reality of his liberty began to sink in. "I just have so much inside me that I want to let out."

When he was sent to prison for the second time in the same case last month, Fahmy began working on what he called a charter of rights for journalists

in Egypt. Before he leaves Cairo for Canada in a few days he wants to present his document to Egypt's President Abdel-Fattah el-Sissi who pardoned him.

"I want to build on what happened with this case and explain to him some of the issues that journalists face here on the ground," he said. "I will continue fighting to get at least little victories to a real true free press."

Fahmy's long-running legal saga has drawn attention from around the world ever since he and two colleagues were arrested in December 2013 while working for satellite news broadcaster Al Jazeera English.

The trio — who maintained their innocence throughout — were charged with offences that included supporting a banned organization and fabricating footage to undermine the country's national security. They were convicted in a trial that observers called a sham and sentenced to years in prison.

THE ASSOCIATED PRESS

MEMORIAL UNIVERSITY

Prof says disabled student's view unfair

The professor involved in a controversy at Memorial University of Newfoundland says a hearing-impaired student who claims she failed to accommodate him has "selective amnesia."

In a statement released to local radio station VOCM, history professor Ranee Panjabi says William Sears rejected her offer to discuss alternatives to the FM transmitter, which he said he needed to hear lectures. "I was completely taken aback

as I am used to students being courteous enough to listen, not rebuff a discussion in that regrettable manner," Panjabi wrote in the signed letter dated Sept. 24.

Panjabi says the third-year student abruptly walked out of class instead of letting her explain that the hearing device would not allow him to hear discussions involving classmates or videos shown as part of her instruction, leaving him at a disadvantage.

"While Mr. Sears rebuffed any discussion with me — discussion that would have resolved this matter satisfactorily — he proceeded to provide his version — which regrettably displayed flashes of selective amnesia — to every media source he could garner."

Panjabi notes she holds a law degree and says a 1996 agreement with the school allowing her to refuse to wear the device on religious grounds is binding.

In her letter, Panjabi says she was "somewhat surprised" by Sears's request to wear the FM transmitter because they had previously conversed "quite normally" while he sat in the front row of the class and she sat in a chair behind a table.

She also says the school's Blundon Centre for Students with Disabilities didn't properly inform her of the need for accommodation before Sears arrived at her class Sept. 10. THE CANADIAN PRESS

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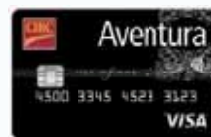
IN BRIEF

Groups surprised NDP-er not aware of Auschwitz

Jewish groups say they were astonished that an educated school trustee running for the New Democrats in the federal election had no awareness of one of the Nazis' most notorious deaths camps. Jewish leaders were reacting to comments by Alex Johnstone,

the NDP candidate in Hamilton, Ont., who was forced to apologize for referring to fence posts at Auschwitz as being phallic on a Facebook page in 2008.

Explaining her comments to a local newspaper Tuesday, Johnstone reportedly claimed that she didn't know what Auschwitz was. THE CANADIAN PRESS



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Leaders face off over the niqab

 ELECTION 2015

Controversial face covering leads to heated exchanges

The politically charged subject of minority and women's rights created unusual on-stage alliances — and one of the most heated exchanges of the campaign — during the first French-language debate of the federal election.

Health care, the right to die with dignity, the Senate and the economy also came up Thursday during the first half of the debate, hosted by Radio-Canada in Montreal.

But the question of whether Muslim women who wear the face-covering niqab should be required to show their face while taking the citizenship oath was one of the most widely anticipated discussion points.

Conservative Leader Stephen Harper and the Bloc Quebecois' Gilles Duceppe had both run pointed television ads express-



Thursday night's debate in French offered a rare opportunity to hear from all the leaders.

ADRIAN WYLD/THE CANADIAN PRESS

ing the controversial position that women who wear the veil should be made to remove it during the ceremony.

"We're talking about a fundamental question; it's the question of equality between men and women in our society," said Duceppe, who prom-

Where is the inquiry on missing and murdered aboriginal women?

Elizabeth May

ised the Bloc's first bill in the Commons would be extend a ban on the veil to other areas, such as public servants.

Although NDP Leader Tom Mulcair and Liberal Leader Justin Trudeau are going head to head for seats in Quebec, they wound up on the same page on

WHERE THE LEADERS ARE FRIDAY



- **Stephen Harper** will be in Rivière-du-Loup, Que.
- **Justin Trudeau** will be in Ottawa.
- **Tom Mulcair** will be in Quebec City.
- **Elizabeth May** will be in Montreal.

the issue — they didn't think a woman should be told how to dress.

"I understand it's a question that makes many people uneasy, but for me, the state is there to defend minority rights, and to defend the rights of women," Trudeau said.

That led to a tense moment during the debate that featured Harper and Mulcair facing each other directly, talking loudly over each other.

"Mr. Mulcair, I will never tell my young daughter that a woman should cover her face because she is woman. That's not our Canada, that's not ac-

ceptable for me," Harper said. "Attack the oppressor, don't attack the woman, Mr. Harper ... have the courage to do that," Mulcair said. "But it's not by depriving these women of their citizenship and their rights that you're going to succeed in helping them."

Green party Leader Elizabeth May called the issue a "fake debate" that has nothing to do with important questions on climate change, unemployment and the economy.

"For women's rights, where is the inquiry on missing and murdered aboriginal women?" she asked. THE CANADIAN PRESS

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Bees evolving with climate change

EVOLUTION

Tongues of two species shorten as wildflower variety changes

Global warming and evolution are reshaping the bodies of some American bumblebees, a new study finds.

The tongues of two Rocky Mountains species of bumblebees are about one-quarter shorter than they were 40 years ago, evolving as climate change has altered the buffet of wildflowers they normally feed from, according to a study published Thursday in the journal *Science*.

In one species, the tongue had been half the size of the bee's body. But because flowers requiring the length have dwindled, the bees didn't need that much tongue.

Long tongues require bees use more energy, so the bees evolved a shorter tongue that allows them to sample a wider



Collecting nectar. CANDACE GALEN/SCIENCE VIA THE ASSOCIATED PRESS

variety of flowers, said study lead author Nicole Miller-Struttman at the State University of New York, Old Westbury.

While biologists have tracked how global warming has altered the developmental, migration, timing and other behaviour in plants and animals, what makes this study unusual is the physical changes in the bees, said study co-author Candace Galen at the University of Missouri.

"It speaks to the magnitude

of the change of the climate that it's affecting the evolution of the organisms," Galen said. "It's a beautiful demonstration of adaptive evolution."

The team of biologists studied the bees on three isolated mountaintops in the Rockies, where they also found that the temperature in the area had warmed by about 3.6 degrees since the 1960s and the type and amount of flowers had changed.

THE ASSOCIATED PRESS

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Sexting leads to legal morass

TECHNOLOGY

Archaic laws leave teen couples facing hefty charges

When authorities discovered that a high school couple had sent each other nude selfies, the two 16-year-olds were plunged into a legal morass with the potential to be branded sex offenders for life.

The North Carolina teens were accused of being both the victims of child pornography and the perpetrators of the crime. And under a quirk in the law, the legal system treated them as adults for purposes of prosecuting them, but also considered them minors by deeming their selfies child pornography.

The case illustrates the quandary authorities face with sexting cases. Most states have yet to update child pornography laws to account for minors who are caught exchanging explicit selfies. The laws, some written decades ago, carry stiff penalties including prison time and



Prosecuting minors for sexting can have a negative psychological impact, according to some experts. THE ASSOCIATED PRESS

a requirement to register as a sex offender.

"No one even imagined how easy it would be for anybody to have a little device in their pocket with pictures like this," said Diana Graber, co-founder of Cyberwise, a group that teaches online safety for parents and teachers.



It seems to me that the cure is worse than the disease.

Elizabeth Englander

The North Carolina case began in October 2014 when investigators were looking into a suspected statutory rape, said police Sgt. Sean Swain. The 16-year-old boy wasn't considered a suspect or witness, but authorities thought information about the case might be on his phone. Swain said the teen's

mother allowed them to search his phone without a warrant.

A sheriff's office investigator found an explicit picture of his girlfriend and determined she was under 18, initiating the sexting investigation, Swain said.

Uproar over the case came after both were charged in February with multiple counts of sexual exploitation of a minor.

Eventually, the charges were reduced to misdemeanor counts of disseminating harmful materials to a minor and in September they were each given a year of probation and agreed not to possess a cellphone. If they complete the agreement, the charges will be dismissed and they can apply to have the case expunged.

Elizabeth Englander, a Bridgewater State University psychology professor, said prosecuting minors for sexting can have a negative psychological impact. "Where you have two kids who are in a relationship, they're not trying to exploit each other ... and they're exchanging these kinds of photos, it seems to me that the cure is worse than the disease," she said.

THE ASSOCIATED PRESS

IN BRIEF

Snowden launches privacy treaty campaign

Edward Snowden appeared in New York via video to launch a campaign promoting an international treaty to protect privacy. The former National Security Agency systems analyst appeared from Moscow via a video link Thursday at a forum in Manhattan on the so-called Snowden Treaty.

Advocates say the treaty would curtail mass surveillance of phone calls and online activity.

THE ASSOCIATED PRESS

Russian drones gathering intelligence on Syria

U.S. officials say Russia has begun flying drone surveillance flights over Syria. Officials say the Russians are gathering intelligence in preparation for what most expect will be the launch of fighter aircraft in the coming days. The officials say that so far there have been no problems or conflicts with the U.S. and coalition fighter aircraft that continue to bomb Islamic State of Iraq and the Levant militants. THE ASSOCIATED PRESS

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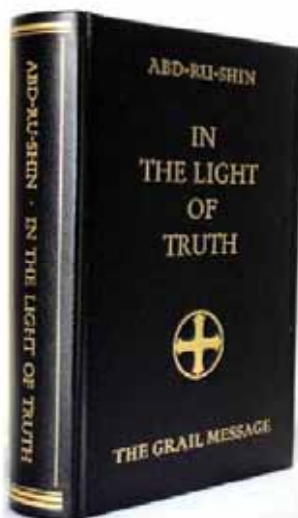
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Talks aim to find a solution in Syria

CIVIL WAR

Diplomats meet to lay out strategies

Europe's top diplomats, the United States and Russia jostled to lay out their positions Thursday on how best to end the civil war in Syria, which has sent millions fleeing their homes and killed thousands.

A central issue at the UN's largest gathering of world leaders next week will be how and whether to include Syrian President Bashar Assad in any talks about the future of the country.

In the U.S., envoys said the Obama administration refused to negotiate over a Russian statement they feared would strengthen Assad's hand at the United Nations. But efforts to stem the long-running crisis have new urgency in Europe, which is divided over how to deal with a new influx of refugees fleeing the war zone.



A tank from the Nusra Front fires during its clash against Syrian government forces in the western Zahra neighbourhood of Aleppo, Syria, in July. TWITTER VIA THE ASSOCIATED PRESS

Russia, meanwhile, is bolstering military support for Assad, while U.S. support for rebels fighting the Syrian leader has foundered. About four million people have fled Syria during the conflict, which the UN says has killed more than 250,000.

A Kremlin spokesman has said Russian President Vladimir Putin will meet President Barack Obama on Monday.

A draft of Russia's council statement, obtained by The Associated Press, urges countries to fight extremist groups "in co-ordination with the governments of the affected states."

Kerry stressed last week the U.S. demand that Assad must go, he stated explicitly that an acceptable resolution to the Syrian war would allow Assad to remain in place for a time before departing. THE ASSOCIATED PRESS

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EU leaders unified again

metr The Syrian Crisis
The response

Summit OKs plan to deal with migrants

After months of delay and debate, European Union leaders agreed early Thursday to mount a broader, more comprehensive response to Europe's migration crisis, including ponying up more money to aid refugees in the Middle East, both to feed them and to reduce the chance they will come to Europe, and to toughen EU border controls.

"In the face of a major challenge, Europe can't just say: We will not deal with this. That would be completely wrong," said German Chancellor Angela Merkel. "We have to find answers together."

"Urgent needs" of refugees currently in the Middle East will be met with at least 1 billion euros (\$1.1 billion US) in fresh EU funding to the United Nations High Commissioner for Refugees, World Food Program



Afghan refugees reach the Greek island of Lesbos, Thursday, joining the nearly half-million asylum-seekers already in Europe. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

and other agencies, the leaders decided. Lebanon, Jordan, Turkey and other countries dealing with refugees fleeing the Syrian civil war should also receive greater injections of EU assistance, including through a "substantial increase" in the

“Europe can't just say: We will not deal with this.”

Angela Merkel

EU's Regional Trust Fund.

The leaders agreed to beef up border controls by providing more resources, including personnel and equipment from their countries, to help Frontex, the EU's border agency, Europol and other EU

organizations. By November, new EU dedicated teams will be fully deployed to assist local authorities in Greece and Italy — where most people have been arriving — with identification, fingerprinting and registration to see whether they qualify for asylum.

The leaders called for stepped-up dialogue with Turkey, home to nearly two million refugees, as well as assistance to non EU-member countries in the Balkans through which large numbers of refugees now transit. Turkish President Recep Tayyip Erdogan is expected to visit Brussels Oct. 5. Member states should also contribute more to stabilize African countries that have become a source of displaced persons, the leaders said.

The EU summit called for a "renewed UN-led international effort" to end the war in Syria, which it said has driven an estimated 12 million people from their homes. To broker peace in Syria, Merkel said, "you have to talk to a lot of actors, and that includes (President Bashar) Assad."

THE ASSOCIATED PRESS

AUCTION

Diamond could net \$28M

A pink diamond the size of a postage stamp is going on the auction block and it's estimated to bring as much as \$28 million US.

The 16.08-carat gem could set a record for a cushion-shaped fancy vivid pink diamond when it's offered at Christie's in Geneva on Nov. 10.

The auction house says it's the largest diamond of its kind to come to auction.

A smaller, 8.72-carat pink diamond of the same shape and fancy vivid pink grade sold for \$15.9 million US at auction in May.

Fancy vivid pink means the hue is of the purest and strongest saturation.

Christie's says the seller purchased it 10 years ago as an investment.

A 25-carat emerald-cut pink diamond holds the auction record for any diamond. It sold for \$46 million US in 2010.

THE ASSOCIATED PRESS



SAUDI ARABIA

Over 700 hajj pilgrims killed in crush near holy site

Two giant waves of Muslim pilgrims collided at an intersection Thursday near a holy site in Saudi Arabia, and more than 700 people were crushed and trampled to death in the worst disaster at the hajj in a quarter-century.

"People were climbing over one another just to breathe," said Abdullah Lotfy of Egypt. "It was like a wave. You go forward and suddenly you go back."

The hajj, which drew two million people from over 180

countries this year, is a huge logistical challenge for Saudi Arabia. The kingdom has spent billions of dollars to accommodate the growing number of pilgrims and maintain safety and security at Islam's holy cities of Mecca and Medina for the annual event.

Saudi Interior Ministry spokesman Maj. Gen. Mansour al-Turki said that initial reports showed two crowds coming from opposing directions converged at an intersection in Mina, on the outskirts

100,000

About 100,000 security forces were deployed to manage the crowds and provide security for this year's hajj, with 5,000 CCTV cameras in Mecca and Medina.

of Mecca, when the pushing and shoving started. "Unfortunately, these incidents happen

in a moment," al-Turki said at a news conference.

But four survivors questioned how officials managing the flow of people could allow two big crowds going in different directions to intersect on streets packed with pilgrims.

As of late Thursday, the death toll was 719, but that probably would rise as bodies continued to be counted. At least 863 people were injured.

Over the years, the Saudi government has expanded

Mecca's Grand Mosque that houses Islam's most sacred site, the cube-shaped Kaaba. The government also uses sophisticated face-counting technology installed at a multistory structure in Mina known as the Jamarat Bridge, near where the tragedy occurred. The wide ramps and technology are designed to ease the pressure of the crowds and prevent pilgrims from being trampled.

Unlike the wide ramps leading to Jamarat, the streets

amid the tents in Mina are narrow. The street where the accident took place is about 12 metres (36 feet) wide, with tall gates to the left and right. Behind the gates are the tents of hajj tour groups, organized by nationality.

It was the second major accident during this year's hajj season. On Sept. 11, a construction crane crashed down onto the Grand Mosque, killing 111 people and injuring more than 390.

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An emergency official stands near a charter bus, left, and a Ride the Ducks amphibious tour bus that were involved in a fatal crash Thursday in Seattle. TED S. WARREN/THE ASSOCIATED PRESS

'Duck boat' strikes bus

SEATTLE

Four dead in amphibious tour vehicle collision

A "duck boat" tour vehicle and a charter bus carrying foreign college students collided on a busy Seattle bridge Thursday, killing four people and sending dozens to hospitals.

The collision happened on the Aurora Avenue bridge, which carries one of the city's main north-south highways over a lake.

At least 12 people were in critical condition, and many others suffered minor injuries, Fire Chief Harold Scoggins said.

There was no immediate word about the cause of the crash, which involved a military-style tour bus that can also be operated on water. Initial reports described the accident as a head-on collision.

A driver who was behind the duck boat said the tour bus and duck boat were headed in opposite directions.

Brad Volm, 23, of Philadelphia, said the amphibious vehicle swerved in front of him. The left front tire of the duck boat appeared to lock up, and then the vehicle swerved into the oncoming charter bus, Volm said.

Witnesses described hearing a loud screech and then seeing injured people lying on the pavement or wandering around in a daze.

Jahna Dyer, a registered nurse, said she was walking across the bridge when she came upon the scene, a mess of jumbled metal and glass. Some victims were lying on the road. Others milled about, seemingly in shock and falling down.

Dyer jumped a railing separating the sidewalk from the roadway and helped stabilize an injured man's neck. She said she also helped a woman who had a cut lip and glass in her eye.

"She was holding my hand and saying thank you," she said.

The amphibious vehicle is operated by a tour company called Ride the Ducks, which offers tours that are known for exuberant drivers and guides who play loud music and quack through speakers as they lead

66

These are military craft that were never designed to navigate narrow city streets.

Lawyer Steve Bulzomi in a lawsuit over a 2011 accident

tourists around the city. Company President Brian Tracey called the fatal accident "devastating" and told The Seattle Times that the company continually trains and conducts ongoing education classes to ensure safety.

The safety of the amphibious boats has been questioned before. Lawyer Steve Bulzomi represented a motorcyclist who was run over and dragged by a Ride the Ducks boat that came up behind him at a stoplight in downtown Seattle in 2011.

"These are military craft that were never designed to navigate narrow city streets," Bulzomi said Thursday. "This is a business model that requires the driver to be a driver, tour guide and entertainer at the same time. It asks too much of the driver."

THE ASSOCIATED PRESS

RELIGION

Pope in D.C. visits Congress, homeless

Pope Francis on Thursday urged Congress and the nation to abolish the death penalty, fight global warming and embrace immigrants.

The Pope entreated the nation to share its immense wealth with those less fortunate. Lawmakers gave rousing ovations to the leader of the world's Catholics despite obvious disagreements over some of his pleas.

Francis, in deliberate and

accented English, noted that many lawmakers descended from immigrants and the U.S. was founded by foreigners "who came to this land to pursue their dream of building a future in freedom."

"Let us treat others with the same passion and compassion with which we want to be treated," he said. "Let us seek for others the same possibilities which we seek for ourselves."

After he addressed Congress, the first pontiff to do so, he underscored his message by travelling directly to a downtown Washington church, where he mingled with needy and homeless people, blessed their noon-time meal and walked among them while they ate.

Soon after, he headed by plane to New York, second stop on his three-city first visit to the U.S. After arriving at John

F. Kennedy International Airport in Queens, he boarded a helicopter to Manhattan, where the cathedral is located.

Two sisters, 89-year-old Anna Ambrosino and 92-year-old Connie Angiolillo, waited in their wheelchairs for Francis to arrive. Angiolillo, citing her age, said this was her only chance to see him: "Next time I see the Pope," she said, "it will be in heaven."

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PHONE FANS RAIN CAN'T DAMPEN THEIR FERVOUR More than 50 people camp on the wet sidewalk outside the Apple Store in Sydney, Australia, on Friday to be among the first to purchase the new iPhone 6s. GLENN NICHOLLS/THE ASSOCIATED PRESS

Bones may be from Mona Lisa model

ART

But tests fail to link fragments to portrait's alleged subject

Scientific testing of bone fragments from a Florence church grave could not determine whether they are from the body of a Renaissance-era woman some believe was the model for Leonardo da Vinci's Mona Lisa, researchers said Thursday.

Perhaps as enigmatic as that Mona Lisa smile, the question of who might have been the model has intrigued art lovers for centuries.

Art historians differ on the model's identity.

Even if bone testing had determined that the remains were that of Lisa Gherardini, the wife of rich silk merchant Francesco del Giocondo, it wouldn't have answered the intriguing question of who

posed for Leonardo.

Some say he used a male model; still others theorize the artist did a kind of self-portrait in disguise or used several models.

Researchers told reporters in Florence that carbon-14 testing of one of the fragments indicated the remains were compatible with the period. Gherardini died at age 63 in 1542, and the researchers said historical documents indicate she was buried in a Florence convent.

Head researcher Silvano Vinceti said unfortunately there are few remains, and no skull, which might have helped determine if the woman could have been Leonardo's model for the portrait, which is in the Louvre in Paris.

"Our biggest problem has been the fact that the fragments were very fragmented, very deteriorated," said Giorgio Gruppioni, head of the forensic anthropology laboratory at Bologna University.

66

The odds that the bones belong to her are very high.

Silvano Vinceti, researcher

That complicated the task of determining the sex and age at death as well as DNA analysis, he said.

Because no remains have been found of Gherardini's relatives, any DNA comparison testing was impossible, the researchers said.

Still, Vinceti insisted that "the odds that the bones belong to her are very high."

A 16th-century artist and biographer of artists, Giorgio Vassari, wrote that Leonardo painted a portrait of del Giocondo's wife.

Tradition has long linked the woman to the Mona Lisa painting, which is known in Italian as La Gioconda.

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Wife alleged to hire hit man on hubby

JUSTICE

Extradited to Puerto Rico after lengthy manhunt

A Puerto Rican woman accused of hiring a hit man to kill her wealthy Canadian husband was extradited to the U.S. territory Thursday after a lengthy international manhunt.

Aurea Vazquez Rijos arrived with her month-old baby and was escorted by FBI agents just hours before she appeared in court. She flew in from Spain, where a court ordered her extradition nearly two years ago on the condition she doesn't receive the death penalty or life imprisonment without parole if convicted.

Vazquez did not speak during the brief court appearance and had not yet been appointed a lawyer. She will remain in

custody until an Oct. 8 hearing. Puerto Rico's government said in a brief statement that it was talking with FBI officials about the custody of Vazquez's baby, who was born in Spain.

A U.S. grand jury charged Vazquez in June 2008 with offering a man \$3 million to kill real estate developer Adam Anhang, a Winnipeg native who had moved to Puerto Rico a year before he was killed. The indictment said Anhang had an estimated net worth of \$24 million.

He was beaten and stabbed to death in September 2005 in the historic area of Puerto Rico's capital as he and Vazquez walked near a bar he had bought for her. They had met that night to discuss their pending divorce.

Vazquez refused to cooperate with police and filed a civil lawsuit against Anhang's family shortly after his death seeking \$1 million in damages and millions more from his estate. A judge dismissed the suit.

Vazquez then vanished from Puerto Rico.

She appeared several years later in Spain, where she was arrested in June 2013 as she stepped off a plane. Vazquez, who fought extradition, said she hadn't known U.S. authorities were looking for her.

Alex Pabon Colon previously pleaded guilty to killing Anhang and co-operated with investigators. Other suspects, including Vazquez's relatives, still face charges.

THE ASSOCIATED PRESS

Oct. 27

The trial of Aurea Vazquez Rijos is scheduled to start next month.



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RELIGION EID AL-ADHA Sadid Ahmed, 5, centre, stands for morning prayers during the commemoration of the Muslim holiday of Eid al-Adha at the Baitul-Naseer Mosque, Thursday, in Hallandale Beach, Fla. The holiday marks Prophet Abraham's symbolic sacrifice and the close of the Hajj pilgrimage in Mecca. WILFREDO LEE/THE ASSOCIATED PRESS

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Police inspect inside the al-Balili mosque after two suicide bombings at the site during Eid al-Adha prayers. HANI MOHAMMED/THE ASSOCIATED PRESS

Bomber kills 25 worshippers

YEMEN

ISIL claims responsibility for attack

A suicide bomber struck a mosque in Yemen's rebel-held capital on Thursday, killing 25 worshippers during prayers for the Muslim holiday of Eid al-Adha. The Yemen-based ISIL affiliate claimed responsibility for the blast, saying it was targeting the country's Shiite rebels.

The explosion, which also wounded dozens of worshippers, tore through the al-Balayli mosque in the morning hours, according to Yemeni security officials.

The mosque is located in an area where many residents support the Shiite rebels, also known as Houthis, who have

controlled Sanaa since last September.

The ISIL affiliate's claim of responsibility came in a statement circulated on Twitter by the Sunni militant group's supporters. The Associated Press could not independently verify the authenticity of the claim. The statement said ISIL targeted the Shiite rebels, whom the Sunni extremists view as heretics.

The security officials said the suicide bomber placed an explosive device in his shoe, causing an initial explosion. As worshippers rushed to the door, he detonated himself in the middle of the crowd, they said. The officials, who remain neutral in the conflict that has splintered the country, spoke to the AP on condition of anonymity because they were not authorized to talk to the media.

There were puddles of blood

and debris outside the mosque, whose ornate facade was damaged by the blast. Police and some Houthi fighters came to inspect the aftermath. Eid al-Adha is a major Muslim holiday, also known as the Feast of Sacrifice.

Yemen has been torn by a ferocious war pitting the Houthis and forces fighting for former President Ali Abdullah Saleh against fighters loyal to President Abed Rabbo Mansour Hadi, as well as southern separatists, local militias and Sunni extremists.

The ISIL affiliate in Yemen has claimed responsibility for a series of suicide bombings in Sanaa targeting Shiites in the past months. American officials initially expressed skepticism that the affiliate existed, as Yemen is also home to the world's most dangerous al-Qaida offshoot.

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HEALTH INSURANCE

Research options, insurer advises

The period of time between graduating from school to landing a full-time job with benefits can stretch on for months or years for young Canadians, meaning they lack extended health and dental benefits since they're too old to be covered by their parents' plans.

Provincial health insurance doesn't cover everything. If you don't have insurance, you'll end up paying out of pocket.

Loretta Kulchyski, vice-president of group marketing at Great-West Life, suggests consumers start their hunt for health and dental benefits by

60 days

If you're coming off your parents' group plan or another insurance plan, you have about 60 days when you can roll yourself into an individual plan without going through underwriting, Sue Reibel at Manulife says.

deciding how much coverage they're going to need and researching their options online.

THE ASSOCIATED PRESS

IN BRIEF

Oculus eyes virtual reality mainstream market

Virtual reality is taking a few steps closer to the mainstream with announcements at a developers conference for virtual reality technology company Oculus in Los Angeles. Samsung unveiled a headset that brings the technology to its latest smartphones at half the price, Facebook said it is launching support for 360-degree video, and online video services said they are on board. THE ASSOCIATED PRESS

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Call of Duty getting a league of its own

VIDEO GAMES

Competition expanding to year-round championship

Activision is widening the scope of e-sports competition for Call of Duty players.

The publisher of the hugely popular military shooter franchise is expanding its e-sports program next year from an annual tournament to year-round international leagues, as well as increasing the prize pool from \$1 million US to \$3 million US. The international leagues will be comprised of professional and amateur divisions, culminating in a championship at the end of the year.

"This is going to mark a new era of e-sports for Call of Duty," said Rob Kostich, senior vice-president and general manager for Call of Duty at Activision. "It signals Activision stepping up our commitment to what we've been doing with e-sports. We're expanding our season to make it a fun, competitive year leading into the Call of Duty Championship."

The Santa Monica, Calif.-based publisher is calling the



Models dress as characters from the video game Call of Duty. Activision is expanding its e-sports competition from an annual tournament to a year-round season. THE ASSOCIATED PRESS FILE



It felt like the right time to do it.

Rob Kostich

revamped e-sports offering the Call of Duty World League. The competition will launch in early 2016 with leagues in North America, Europe and

Australia and New Zealand. The three territories will each feature independent seasons concluding with 32 teams at the Call of Duty Championship in fall 2016.

"It felt like the right time to do it," said Kostich. "We've learned a lot over the past few years and talked a lot to our community. We think we have an agenda that's going to be

really attractive to them, and we have a new game coming out, Call of Duty: Black Ops III, that we couldn't be more excited about to lead us into this new era of e-sports."

Kostich said the expanded program was devised to offer a deeper level of engagement with pro gamers while also encouraging casual fans.

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VOLKSWAGEN SCANDAL

Europe cars have 'defeat device'

The software at the centre of Volkswagen's emissions scandal in the U.S. was built into the automaker's cars in Europe as well, Germany said.

Germany's motor transport authority is conducting static and road tests on Volkswagen

models and spot tests on cars made by other manufacturers, German and foreign.

France announced random tests of about 100 French cars.

On Thursday, shares in BMW dropped 5.2 per cent after Germany's Auto Bild

magazine reported that road tests by the International Council on Clean Transportation showed the BMW X3 xdrive model exceeding European emissions limits by more than 11 times.

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Gone fishing, for a while: Indigenous people in Alaska were catching salmon long before anyone thought. Cooked fish bits were found dating 11,500 years back, to the last ice age.

THE BIG THING: HAS CASH GONE COLD?

When was the last time you used cash for something other than a panhandler or a parking meter? Now the Bank of England's chief economist, Andy Haldane, has mused about abolishing money all together — at least the kind that's not made of plastic. To get the European economy going, he hopes to effectively charge negative interest — basically, to penalize people for leaving money in the bank. That's easier to do with a digital balance than with a wad of bills stuffed under a mattress. And though there are some protests from libertarians, there may be other good reasons to get rid of the green.

1 Making (criminals) change

When you don't want to be caught buying or selling, cash is your friend. It's what the dark side of the economy runs on. Some researchers argue that the crime rate goes down when people have fewer opportunities to offend — and without cash, drug dealers, phone pawnshops and tax dodgers may have a harder time of it. On the other hand, the so-called dark web is increasingly the home of such tainted transactions.

2 Price to pay Some feel that the idea of canning cash and allowing people's savings to be slimmed by negative interest has a whiff of tyranny about it. A columnist in the Financial Times wrote, "The anonymity of cash helps to free people from their governments, and some criminality is a price worth paying for liberty."



3 Giving credit to debit

Incredibly, when some counties in Missouri started making welfare payments electronically, cash-motivated crimes such as burglary and larceny fell by nearly 10 per cent compared to counties that used cheques that had to be cashed. That lends credence to the idea that money burns a hole in your pocket and puts bad ideas in your head.

Happy face/sad face

From **sprinting seniors** to **Russian royals**, Metro weighs in on the news making headlines this week



Romanov remains to be removed

The last royals of Russia, Czar Nicholas II and his wife Alexandra, will be exhumed to settle an old dispute. The monarchs and their five children were killed in 1918. Bones of the parents and three children were interred in 1998. Two more sets of remains put to rest in 2007 were thought to be the other children. Not everyone agrees. Chief shovel-wielder is the Orthodox church, which canonized the family. So those who want to pray over the relics would be committing sacrilege if these turn out to be someone else's old bones.

SOURCE: THE ASSOCIATED PRESS



Centenarian runs into old age

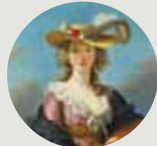
Japanese athlete Hidekichi Miyazaki set a record as the world's oldest competitive sprinter this week, one day after turning 105 — but he was sad about it. He fell short of his personal best, running 100 metres in 42.22 seconds, down from a record of 34.10. Miyazaki was born on Sept. 22, 1910. He started running only in his 90s. Before that, his sporting activities were limited to board games — but he looked elsewhere for fun when his fellow players began to die off. The secret of his success is a little surprising: He says it's chewing his food properly.

SOURCE: CBC



Famous female French artist finally feted

After 170 years in obscurity, the first internationally celebrated female artist is getting her own exhibition in France. Elisabeth Louise Vigée le Brun fell out of favour after France's revolutionary furor, in part because her most famous work is a monumental portrait of Queen Marie-Antoinette, who had an unfortunate encounter with a guillotine just six years after it was painted. Only 150 of about 1,000 paintings le Brun created during her life will be displayed at Paris's Grand Palais — but it's an honour for an artist who was constantly dismissed by her male contemporaries. SOURCE: BBC



Bacteria wage war worldwide

Antibiotic overuse brings to mind a spoiled child with a sniffle whose parents demand penicillin. But a new report by the U.S. Center for Disease Dynamics suggests that's not right. While rich countries like Sweden are starting to take note of germs adapting to the medicines we use against them, that's not happening in the developing world. In many places antibiotics are available without a prescription. Drug resistance is serious in Kenya and Vietnam. And in India, 80 per cent of the stomach bug E. coli is resistant to three categories of drugs — a scary sign that an invisible enemy is outsmarting human attempts to curb disease. SOURCE: NPR

metroview

Sex education: Won't someone think of what the children need?



Samantha Emann
Metro | Toronto

The numbers are in, and have been for a while, and it's official: Teens have sex. For their sake, get over it.

I can't check Facebook or navigate the news without seeing another complaint about the new sex-education curriculum in Ontario — the most modern document of its type in the country, and one that sets a standard for other provinces to follow.

Yes, we should consider dissenters when crafting policies that affect children. But it's equally important to make sure the curriculum is free of the misinformation and blatant bigotry of organizations clearly pushing their own agendas.

Groups like the Canadian Families Alliance and the Campaign Life Coalition say the new curriculum, which opens a discussion on the proper names of genitalia in Grade 1, is improper. I, for one, do not miss the days of pee-pee and wee-wee, and I think such things are beneath us. The words "penis" and "vagina" cannot corrupt children.

These organizations are overlooking the facts. According to Statistics Canada, 25 per cent of teenagers have sex for the first time at age 15 or 16. Nine per cent — one in ten — were 14 or younger. The percentage increases with age, and by 18 or 19, 68 per cent said they have had sex.

But ideologues don't let

facts stand in the way of their moral beliefs and so-called "traditional" view of human sexuality — that sex ought to take place between one man and one woman who are married to each other. That's nothing more than a hole in the sand where parents can bury their heads to deny that their teenagers are having sex.

If teens are going to have sex (and they are), they need information that will help them make the right choices and develop healthy, respectful relationships.

And they're not getting that information. The huge confusion about consent makes that abundantly clear. Much hay has been made about Grade 8 lessons in making a "personal plan" for sexual activity.

Maybe that's needed. A 2015 survey found 67 per cent of Canadians couldn't accurately define consent, and four per cent don't think consent is needed in every case (who are you people?).

A recent campaign by the University of British Columbia to teach this highly nuanced concept through the use of emojis further demonstrates why consent should be taught at a young age, before kids are having sex. The concept cannot be boiled down to smiley and not-so-smiley faces.

Teaching young people about healthy sexuality can save lives, and that is more valuable than archaic social beliefs and more important than the feelings of any parent who doesn't want to think about their children having sex.

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PHILOSOPHER CAT
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IT IS A STRANGE FACT
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Robert De Niro recently walked out of an interview with a journalist, saying "I'm not doing this, darling." But he isn't the first celebrity to behave badly when talking to the press. HANDOUT

The no good, very bad interview

PRESS JUNKETS

If you think De Niro is bad, try talking to Tommy Lee

Richard Crouse

For Metro Canada



What would you do if Robert De Niro cut short your conversation with a quick, "I'm not doing this, darling," and exited? If you're Radio Times journalist Emma Brockes you write about it and watch your article go viral.

As unpleasant as the encounter may have been — he objected to the "negative

inference" of her questions, she called him condescending — it did exactly what it was meant to do, generate buzz for De Niro's upcoming film *The Intern*.

Who won? I'll give the edge to Brockes who, when faced with a bad situation, turned De Niro's lemons into lemonade and earned just as much press as the touchy actor.

De Niro took some blowback for his behaviour. Daily Mail columnist Piers Morgan wrote, "If I'd been her, I'd have slapped him 'round his smug little chops," adding the *Goodfellas* star is "renowned as the rudest, most difficult and frankly obnoxious star to interview, possibly in the history of planet Earth."

I think Morgan overstates his case. De Niro isn't the worst —

MOVIE RATINGS by Richard Crouse

The Intern ★★
Hotel Transylvania ★★
Pawn Sacrifice ★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

anyone who has ever done a movie junket knows Tommy Lee Jones is the crankiest, most soul destroying interview ever — he's just a reticent interview, who, according to director Nancy Myers, doesn't want "to expose himself all the time."

De Niro isn't alone in the chat-and-dash sweepstakes. Robert Downey Jr. and Quentin Tarantino bolted on Krishnan Guru-Murthy with the *Aven-*

calling the Channel 4 news presenter a "syphilitic parasite." Robert Pattinson, Naomi Campbell and Russell Crowe have also done runners on the press.

So why submit to promotional interviews at all? Contractual obligation has much to do with it, but beyond that, they're good for the movie. Daniel Radcliffe, star of *Harry Potter*, *Horns* and the upcoming *Victor Frankenstein*, once told me no matter how famous the actor, anyone who doesn't

get out and pump their film up to the press is making a huge mistake.

As a result everyone does them and while it's easy to look at De Niro or Downey as spoiled brats, I'm surprised walkouts don't happen more often.

It must get brutally dull answering the same questions over and over, particularly when they are of the "Of all your leading ladies who was the best kisser?" variety.

How bad can it get in the interview suites?

Once a talking head proudly told me she wrote new lyrics for Beyoncé's hit song *Survivor*... "My name's Beyoncé/ I'm in Goldmember/ You're watching blah blah on blah blah blah..." and asked the superstar to sing them as a promo for her television sta-

tion. If I were Beyoncé I would have exited stage left without a song on my lips.

I remember one "reporter" asking George Lucas "whether Dark Vader was a good guy or a bad guy." If I were Lucas I would have hitched a Millennium Falcon ride out of there.

Recently I heard Tom Cruise try and answer the question, "What kind of stunt would you do to impress a girl?" If I were Cruise I would have grabbed the side of the nearest plane and jetted out of there.

As for De Niro, Brockes graciously says she has sympathy for him "because nobody wants to be there for these choreographed junket interviews."

De Niro wasn't quite as kind, but at least he called her "darling" and not "syphilitic parasite."

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KHMER ROUGE**Angelina Jolie Pitt's son heavily involved in new film about Cambodia**

Angelina Jolie Pitt has been in scouting locations in Cambodia for her next film, *First They Killed My Father*, which she is casting entirely with local talent.

In a statement Thursday to The Associated Press, Jolie Pitt said she's spent the last week doing research and pre-production on the film before beginning shooting in Cambodia in November. She said she's striving, through meetings with Cambodians, to ensure the movie about the deadly Khmer Rouge regime is "accurate and faithful" to the 1970s events.

Jolie Pitt is collaborating with Cambodian author and human rights activist Luong Ung, who said the film "will be made with Cambodians as a symbol of dignity and an act of memory." The two wrote the script together, adapted from Ung's 2000 memoir. Jolie Pitt has said her 14-year-old Cambodia-born son, Maddox, is heavily involved in the movie, which is told from a child's perspective. THE ASSOCIATED PRESS

THE TV DINNER JESSICA ALLEN

After gathering enthusiastic reviews out of Cannes and TIFF, *Sicario*, French-Canadian director Denis Villeneuve's suspenseful and grim look at the drug trade, opens in theatres this month.

Emily Blunt is FBI field agent Kate Macer who plays by the book. She's asked to join a government task force, lead by a flip-flop-wearing Josh Brolin and Benicio Del Toro — whose near-silent performance is spellbinding — aiming to apprehend Mexico's most infamous drug lord. She becomes acutely aware that not everyone plays her way. Villeneuve's style is being

The bag was ripped and discarded on the living room floor while we devoured its greasy contents.

compared to Michael Mann and Kathryn Bigelow's. It also recalls Steven Soderbergh's *Traffic*, which examines the complicated drug cartel web weaved on both sides of the border.

But where *Traffic* looked over-saturated and grainy, *Sicario* appears washed out and arid. Long after I left the theatre, *Sicario*'s haunting soundtrack, which pulsates and propels the film's thrilling pace, stayed with me.

So, too, did Blunt's performance. Not only how well she captured her character's descent from idealist to defeatist, but also how Blunt was able to convey how solitary — both professionally and personally — Macer is.

Not so in real life. Blunt married *The Office*'s Jon Krasinski at George Clooney's Lake Como villa.

That's where her sister Felicity, a U.K.-based literary agent, met her future husband, Blunt's *The Devil Wears Prada* co-star, Stanley Tucci.

THE MOVIE:
Sicario

The pair fell head over heels in love over their shared affection for food. In 2014 they published *The Tucci Table*, a collection of familial recipes inspired by their respective Italian and British upbringings.

Emily's chicken noodle soup — the reason Krasinski wanted to be her husband, she says — is included.

THE MEAL:
Fish and chips

So too is a recipe for fish and chips, a dish seeped in nostalgia for the Blunt siblings.

One of Felicity's earliest memories is picking up "huge pieces of deep-fried cod and all sorts of odd-shaped chips" after seeing a movie with Emily and their Nanna.

Let me be frank: Even if Stanley Tucci himself assures me that making fish and chips

at home is relatively easy, I will never do it — not when every day after work I bike past Chippy's, which has been serving up Guinness-battered strips of fish and crispy chips for a dozen years.

It's been a couple of years since Chippy's siren-like call of deep-fried aroma has lured me in.

But on a recent weekday night, with no groceries at home to speak of, I succumbed. Although the shop now has an Interac machine — and moderate indie rock had replaced deafening heavy metal — not much has changed. Within five minutes I had two orders of halibut and chips secured in a brown paper bag. Thirty minutes after that, the bag was ripped, like a raccoon got at it, and discarded on the living room floor while we devoured its gloriously greasy contents with our hands.

Fighting over the curry sauce was like the *Hunger Games* — only there was no Stanley Tucci to bring levity to the chaos.

Lesson learned: next time, bring home more sauce.

Jessica Allen is the digital correspondent on CTV's *The Social*.

Q&A

Denis Villeneuve won't surf on past successes

Denis Villeneuve is in demand.

The Quebec director rattles off the back-to-back projects that have kept him criss-crossing the globe on movie shoots and promotional tours and guesses he might have time to sleep in 2018.

Right now he's focused on the theatrical roll-out of his cartel saga *Sicario*, a searing look at the Mexican drug war starring Emily Blunt as an idealistic FBI agent and Benicio Del Toro as an enigmatic assassin. It opens Friday in select theatres in Canada.

He's also consumed with editing his alien flick *Story of Your Life* with Amy Adams and Jeremy Renner — duties that carry right into pre-production for the *Blade Runner* reboot starring Harrison Ford and Ryan Gosling.

Villeneuve doesn't expect to

be ready to go to camera for that hot title before the end of 2016.

The Canadian Press caught up with the Oscar-nominated filmmaker to discuss sequels, his Hollywood dreams, and side-stepping *Legally Blonde 7*.

***Sicario* hasn't fully opened yet but there's already talk of a sequel.**

The characters are very strong and Taylor Sheridan's screenplay ... was very powerful. The thing is that Lionsgate is very proud of the film and before the release they were starting to think, "What if? What if?" I'm not closed to the idea. I think it all depends on if Taylor can write something that is as good as the first one.... I believe in sequels if they are better. I will not do something



I feel that there's a real strong movie that can be born out of this screenplay. That's why I agreed to do it.

Denis Villeneuve, on doing a *Blade Runner* reboot

that is surfing on the success of the first one.

Of course. Otherwise why would you helm a *Blade Runner* reboot?

It's true. In a way I feel that the (*Blade Runner*) screenplay I read that Hampton Fancher, Ridley Scott and Michael Green wrote is a very powerful screenplay and I feel that there's a real strong movie that can be born out of this screenplay. That's why I agreed to do it.

And fitting that this comes on the heels of another sci-fi project with Amy Adams. I've been dreaming to do sci-fi since I was 10 years old. It's been a while that I've been looking for a project that would allow me to go into that genre. But *Story of Your Life* is a very different project than *Prisoners* or *Sicario* — it deals with more light than shadows. After I made five movies back-to-back that were dealing with darkness I needed a break.

THE CANADIAN PRESS



Denis Villeneuve has just rolled out *Sicario* and there is already talk of another one. NATHAN DENETTE/ THE CANADIAN PRESS



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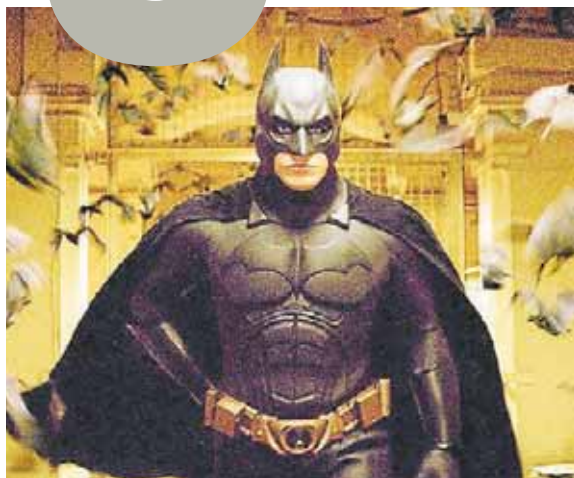
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5 FILMS THAT DARED TO SING HAPPY BIRTHDAY

Until this week's landmark ruling from a Californian District Court that put Happy Birthday to You in the public domain, film and television studios wouldn't use the song to avoid licensing costs. We look at five films that ran against the grain. **AFP**



1 Batman Begins

30-year-old Bruce Wayne (Christian Bale) enters to a polite, string-accompanied Happy Birthday sung by friends and acquaintances. That establishes his status as a well-esteemed member of high society, right up until the moment he's confronted by Ra's al Ghul (Liam Neeson) and has to throw out his guests and trash a carefully curated reputation. Batman Begins was, of course, a Warner Bros film, the studio having held the Happy Birthday license since 1988.



2 Office Space

Professional awkwardness at its comic, toe-curling best as an enterprise's worth of disgruntled employees mumble Happy Birthday to their privileged, presumptuous Initech boss Bill Lumbergh (Gary Cole). No. 1 outcast Milton (Stephen Root) doesn't get the piece of cake he was promised, further contributing to the character's unfortunate decline.



3 Full Metal Jacket

Unlike Initech's VP Lumbergh, Gunnery Sgt. Hartman can actually command a rousing recitation of the traditional birthday song, performed on Christmas Day and personally addressed to Jesus, before reminding his troops of who it is that currently claims possession of their recently recruited behinds.



4 2001: A Space Odyssey

Director Stanley Kubrick knew how to make good use of Happy Birthday to You, having already used it a full 10 years before FMJ in his sci-fi Arthur C. Clarke adaptation. Contrasting with the later war epic, here the song was used not to emphasize social bonds, however intentionally forged, but the isolation experienced by space station doctor Frank Poole.



5 Old School

Sean William Scott is in charge of a miniature pony at a kid's birthday party thrown by Bernard Campbell (Vince Vaughn); Scott's character drops an f-bomb and a tranquilizer gun in the pony's pen and when Frank (Will Ferrell) accidentally shoots a dart into his own neck, a muddy, lethargic Happy Birthday becomes the soundtrack for a cake-crushing rampage.

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Australian actor Jason Clarke stars as Rob Hall, who leads the expedition in the film *Everest*. Audiences can catch *Everest* in IMAX/3D in select theatres. UNIVERSAL PICTURES VIA AP

One of those 'no acting required' gigs

EVEREST

Cast and crew braved altitude sickness, icy temperatures

Ned Ehrbar
Metro | Hollywood

Actor Jason Clarke (*Zero Dark Thirty*, *Dawn of the Planet of the Apes*) battles the elements in *Everest*, recreating the true story of a disastrous trip to the summit of the tallest mountain in the world. While most would assume it was all movie magic, the Australian reveals the reality.

What was shot outside and how much was staged?

We started off, we went to Kathmandu. We flew in there and shot all that stuff that you see there, and then we did basically the hike up to base camp, but we chop it up because of time. You start shooting at 12,000 to 16,000 feet. That was an issue because normally to acclimatize the group will take two and a half weeks to climb up to that point, at which point you're ready to hang out at base camp for a month before you go for the summit. We had to go up and down quite quickly, so people were affected. There was a scene where we were up with the memorials to the

dead people, that was shot at 16,000 feet just around the corner from base camp.

That sounds amazing, but terrifying.

Sure, but oh my God, it was special. We then went to the Alps in Italy, and we shot a lot of the southeast ridge and the external stuff on the peaks up there between 10,000 and 13,000 feet. It was (-30 C) in winter, so it was cold and snowy. Pretty much the only stuff we shot on the stage was the actual summit itself and the Hillary Steps stuff...

The costumes and the beard and being so bundled up, you don't really have to worry about makeup and hair things like that. I mean, when

we got to that stage they stuck in this weird gel stuff that was horrible, but no. It was one of those "no acting required" gigs.

Were you much of a hiker or climber before this?

Yeah, more so a lot of hiking. I'd done some climbing, and then I did a lot of big climbs to get ready for it back in New Zealand and then in Scotland just to kind of get a sense of what it's like to be out when it's f—ed up and just take it.

You're doing a New Zealand accent in this, and I feel like every time I see you, you're doing some accent different than your own.

I prefer to do an accent. It's one way to find character. For this next role I'm learning the violin and fencing. The work itself helps you find the character. If things weren't difficult to do, I'd probably be lazy. And I actually prefer to work with accents, when there's a voice. I remember Heath (Ledger) in *Brokeback Mountain*, that voice that he had. That just was his character. It was amazing.

One thing I appreciated about this movie is the restraint with which it handles death scenes. The people are just there one second and not there the next.

That's Baltasar (Kormakur) sticking to his story and knowing his story and saying, "This is the movie that I'm making." And understanding the power of good story. He knew exactly the line and kept us on that line.

“The ones that are alive or their children are still alive, it all played out so publicly for them ... so that weighed heavily on me.”

Jason Clark staring in a film based on a true story



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Billy Crudup's big experiment

INTERVIEW

Actor took his role as a psychologist too seriously

Steve Gow
For Metro Canada



Actor Billy Crudup has a simple theory why his true-life indie drama *The Stanford Prison Experiment* is striking a chord with movie audiences.

"It is disturbing in the exact right way," states the 47-year-old star who plays Dr. Philip Zimbardo — the infamous university professor who directed one of history's most shocking social experiments.

Filmmaker Kyle Patrick Alvarez's award-winning Sundance hit dramatizes the 1971 experiment in which Zimbardo (played by Crudup) randomly assigned students to either the role of sadistic guard or submissive inmate, then studied as the subjects soon grew horribly abusive in a simulated jailhouse environment.

"Oh, it's interesting," said Crudup about the actual footage he studied in preparation. "At that time, the closed-circuit television wasn't the greatest quality and the cameras were positioned far away

(so) you don't get the same kind of feeling watching it as seeing the movie. Kyle does this really impressive job getting close-ups of all the faces twitching or these kids really being disturbed."

For authenticity, Alvarez also enlisted the real Dr. Zimbardo to help shape the script and although the researcher's methods have since been called into question, Crudup insists the man seemed entirely rational whenever he visited the set.

"He is certainly among the most charismatic (men) that I've met," said Crudup.

"He has such a fascination with this subject matter and for this event in particular and he has an appetite to share experience so he was a really wonderful presence to have on set and to learn from."

But Crudup may have enjoyed Zimbardo's visits for another reason. After all, since the veteran star of blockbusters *Almost Famous* and comic-book adaptation *Watchmen* was portraying the strict psychologist, he decided to avoid the rest of the young cast and kept from mingling with fellow actors during filming.

"I was meant to be an authority figure and someone who was intimidating and had a capacity to manipulate the situation of their well being. I didn't want them to have any great sense of gen-

erosity or warmth towards me," explained Crudup.

"Besides when you're working on a low-budget movie like this, there's not that much opportunity for socializing anyway."



The Stanford Prison Experiment is based on the real-life psychological experiment conducted by Dr. Philip Zimbardo in 1971. CONTRIBUTED

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FILMOGRAPHY



Watchmen (2009): Crudup got to flex his muscles as superhero Dr. Manhattan in this global comic-book hit.

Big Fish (2003): Trying to relive the stories of his fictional dying father proved successful in this Tim Burton fantasy, earning \$123 million worldwide.

Almost Famous (2000): Perhaps his best known role, Crudup plays '70s guitarist Russell Hammond in this Oscar-nominated rock drama.

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Roles reverse when the camera rolls

THE INTERN

Hathaway bosses De Niro despite being intimidated

Matt Prigge

Metro | New York



Robert De Niro is scary. That's the line, anyway. In addition to his storied accomplishments, he's quiet and careful with words, loath to open up — qualities that, at least for journalists hoping for a chatty interview, paint him as formidable. Indeed, he recently walked out on an interview (if perhaps not undeservedly) for his new film, *The Intern*. Even Anne Hathaway, his co-star, was initially at least a little terrified.

"I couldn't talk around him for the first three weeks. I just felt like an idiot with everything I said," Hathaway recalls. But she soon found that his reticence was, as their director, Nancy Meyers (*Something's Gotta Give*, *It's Complicated*), had told her, more zen than menace. "Bob's good at having chemistry with people. So I assumed that as long

as I didn't mess up I'd be OK."

As it happens, in *The Intern* their characters have something like the opposite arc. He plays Ben Whittaker, a widower who takes advantage of a new trend towards hiring retirees as unpaid interns. He winds up at an online clothing startup founded and largely run, or at least micro-managed, by Hathaway's Jules Ostin. She's overworked and remote, but Ben finds a way to earn her trust and is soon offering her advice.

"I think it is (Meyers') love letter to us, our generation," De Niro says. "When you're a certain age, you get older, you're less relevant in some ways. That's just not the case."

Hathaway herself learned a few things, not just from De Niro but also from Meyers.

"When we started we saw the character in two different ways," Hathaway remembers. "I wanted her to be wearing her stress on her sleeve; Nancy wanted her to have it more together. And then I thought, 'Idiot. Who knows a Nancy Meyers character better than Nancy Meyers?' It became this wonderful experience in being guided through a character, which is very new for me."

Once Hathaway surrendered



Anne Hathaway plays the founder of an online clothing startup in *The Intern*. HANDOUT

VALUABLE LESSON
THE INTERN INTRODUCES AUDIENCES TO THE NOVEL IDEA THAT OLDER GENERATIONS MIGHT HAVE WISDOM EVEN IF THEY DON'T HAVE FACEBOOK

her initial instincts to Meyers' vision, she says she found a place of contentment. "Up until now I have made a lot of movies from insecurity and neuroses and self-doubt. I just got really tired of it and I decided to make this from a

more positive place, to feel good about what I was doing," Hathaway explains. "It turns out you can make a movie without having non-stop sleepless nights."

So that's what Hathaway learned about herself. De Niro

didn't have quite the same epiphany. He says, "I don't think I learned anything about myself that I didn't know already."

As for their director, Hathaway is typically effusive. "She's the smartest person in any room

she's ever been in," she says. "Having been a woman in the industry for the last 30 years, it's not easy being the smartest, funniest person in the room and being a woman. But she's handled it with tremendous grace."

One last note: In addition to a newly zen feel for the craft, Hathaway — briefly, semi-disastrously — found herself with a newfound love for interns. She recalls being on a photoshoot recently, where she was greeted by an intern.

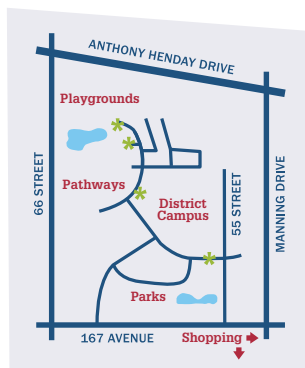
"Because of this movie I went out of my way to pay her a little more attention — ask who she was, why she was doing this, where she wanted to go," Hathaway remembers. Thinking she'd do something nice, she asked her to help out with some music she wanted to play, and had her rig up some iPods to the speaker system.

"I didn't realize the sound system was impossible to work. Every time she would leap from iPod to iPod, it would create the most horrible screech through the entire sound system. Everyone hated it. So, as I was trying to do a nice thing for the intern, I wound up making everyone annoyed by the sound she was making. So I'm not the best."

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Everest

Director: Baltasar Kormakur
Starring: Jake Gyllenhaal, Jason Clarke

2 Guns helmer Baltasar Kormakur directs Jake Gyllenhaal, Josh Brolin, Jason Clarke, and John Hawkes in this adventure docudrama set in 1996, when a number of simultaneous expeditions up Mount Everest resulted in the deaths of eight climbers.

ROTTEN TOMATOES™ SCORE

Critics: **73%**
Audience: **76%**


COMEDY

The Intern

Director: Nancy Meyers
Starring: Anne Hathaway, Robert DeNiro

A retired successful business owner and widower lands an internship at a fashion website run by a young, career-driven woman.

ROTTEN TOMATOES™ SCORE

Critics: **58%**
Audience: **+97%**


DRAMA

Pawn Sacrifice

Director: Edward Zwick
Starring: Peter Sarsgaard, Tobey Maguire

In a gripping true story set during the height of the Cold War, American chess prodigy Bobby Fischer (Tobey Maguire) finds himself caught between two superpowers when he challenges the Soviet Empire.

ROTTEN TOMATOES™ SCORE

Critics: **79%**
Audience: **+96%**



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MUSIC BRIEFS



Adele. GETTY IMAGES

Adele to release single, album in November

Singer Adele's highly anticipated third album will see the light of day on Nov. 20, according to a news report. Hits Daily Double revealed the album date, also reporting the singer plans to reveal a lead single from the album in the first or second week of November.

AFP

Sia is feeling Alive with new track

Australian singer Sia has revealed her newest track, Alive, which will have a spot on her upcoming album.

The LP, This is Acting, will comprise songs Sia originally wrote for other artists, and Alive was written with British singer Adele in mind.

AFP

Sia
GETTY
IMAGES

PROFILE

Singer Mike Rosenberg reflects on his massive hit

Emily Laurence
Metro | New York



Considering Passenger's single Let Her Go spent a massive 45 weeks at No. 1 in the U.K. and 28 weeks (and counting) on Billboard's Hot 100 charts in the U.S., it's hard to believe Mike Rosenberg (the man behind the moniker) was considering giving up music all together not that long ago. He shares what kept him going when he hit rock bottom.

Going solo

Passenger may be a one-man show now, but originally, it was a full band. When the band broke up in 2009, going solo didn't even occur to Rosenberg. But he booked some solo gigs while visiting a friend in Australia and says the crowd connected deeper than ever before.

"Suddenly, people could hear every word and really understand it," Rosenberg says.

"It was a massive turning point."

Quarterlife crisis

But that wasn't the only time Rosenberg considered giving up. While working on his second album Whispers, released in 2014, he hit a low point. "I was 27 and had been busking and putting out my own records for four or five years and



Mike Rosenberg, the one-man show behind Passenger, says he almost gave up before finding success with his massive hit Let Her Go. PHOTO CREDIT IN SMALL CAPS

"It started off as a really heart-wrenching breakup song, but now, for me, it's such a treasured thing"

Mike Rosenberg on his hit Let Her Go

I just didn't feel like it was growing at all," he remembers. Rosenberg put all his frustrations down on paper, which later became his song 27.

He says the very act of feeling his passion overflowing reignited his ambition and reminded him why he wanted to be a musician in the first place.

"Obviously every (musician) dreams of playing to thousands of people and having the No. 1 song, but that's not the reason you do it," he says.

"The reason you do it is because you're trying to create something that means something to people and to yourself. It's helpful to remind yourself

of that sometimes."

Taking it to the streets

Despite his massive success, Rosenberg still enjoys busking, something he started after the band broke up and he needed money. "Looking back on it, those were some of the best years of my life," he says.

"I still love busking because not everyone can go to a concert. They might not be able to afford it or they might not be old enough. Busking allows everyone to check out what I do."

Turning pain into poetry

All of the songs Rosenberg writes are personal and often painful, but he says it's a joy to share them. "When (I) write them, it can be a very painful thing because it's still fresh. But as time goes on, I still remember the girl or the situation, but it turns into something different," he says. "Especially with Let Her Go since it's known around the world now. It started off as a really heart-wrenching breakup song, but now, for me, it's such a treasured thing."

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Album sales don't matter anymore

ANALYSIS

Streaming has made older metrics obsolete

Alan Cross
For Metro Canada



Back in the day, it was all about record sales.

Artists and labels worked hard to push releases up the charts to create a virtuous circle of popularity.

The higher the chart position, the more people paid attention. That led to more radio airplay which inevitably resulted in more sales. A No. 1 song or album on the Billboard charts generated untold millions of dollars for everyone.

We're still in the habit of judging the success of a release by its sales figures. Just as we get reports on weekend box office numbers for movies (as if the movie that makes the most money makes it the best), we still hear where records rank on the charts.

I'm guilty of it, too. Every week on my website, ajournalofmusicalthings.com, I publish a summary and analysis of the week's physical and digital music sales. But I think I'm going to stop doing that.

Why? Because raw sales just don't matter anymore.

Before streaming, before the Internet, the weekly SoundScan numbers meant something.

Buying music was the only

million copies or more.

Now consider this week's album sales.

The Weeknd can brag of being No. 1 again on both sides of the border with *Beauty Behind the Madness*, but let's dig into the actual numbers.

He topped the charts in Canada with sales of only 6,200 copies — a figure that would have been considered disastrous not that long ago.

It's even weirder in the U.S. where he's No. 1 with sales of just 55,000 units in a nation of 319 million people. The bar for a No. 1 is beyond limbo-low.

We also reached an interesting tipping point this past week.

For the first time, streaming revenues exceeded that of physical sales.

What matters now are listens and views.

How many people streamed a song? How many accessed it through YouTube? How many times was it shared on social media?

Those are the metrics that determine a hit today.

Keep that in mind the next time someone brags about having a No. 1 record on Billboard.



The bar for a No. 1 is beyond limbo-low

way you could listen to it on your own time.

But with streaming, we have access to tens of millions of songs for free. Why buy anything anymore?

In the old days, it was routine for a big album to have first week sales well into six figures and then settle into the high five figures for weeks.

A not-insignificant number of albums debuted with sales of a



The Weeknd can brag of being No. 1 again on both sides of the border with *Beauty Behind the Madness*, but does this even matter anymore? GETTY IMAGES

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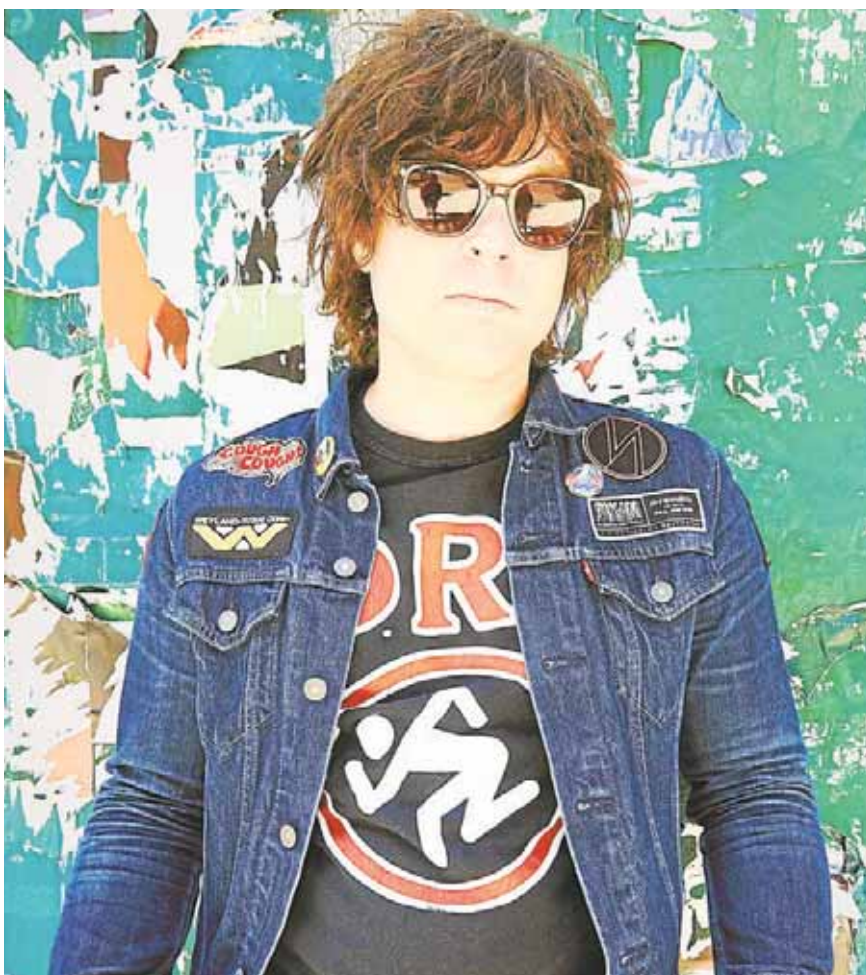


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Ryan Adams released a cover of Taylor Swift's 1989 on Monday. THE ASSOCIATED PRESS

Singer Ryan Adams reflects on 1989

ALBUM

Interpreting Taylor Swift's work was 'humbling'

Rocker Ryan Adams said covering Taylor Swift's entire 1989 album was "incredibly humbling" and helped him explore himself more deeply as a musician.

Adams' version of 1989 was digitally released Monday. Swift released the original album — her first full-blown pop record — last October.

"It's actually incredibly humbling to find a connection with someone else's words and someone else's songs and to open yourself up and to feel them fully, and find out where

those stories take you," Adams, 40, said in an interview last week. "It felt no less genuine than any song I've ever written for myself."

So far, Swift's fifth album has sold 5.2 million units and launched multiple hits, including No.1 hits like Shake It Off, Blank Space and Bad Blood.

Adams' interpretation of 1989 offers a slowed-down take on her upbeat anthems.

"I got to work different parts of my brain, different parts of my heart and different parts of the musical aspects of my personality," Adams said of covering Swift's music.

"It's really its own thing. ... It's not the same record."

After completing his version, the singer-songwriter-producer played it for 25-year-old Swift before taking it any further. He name-dropped Bob Mould

as one his favourite musicians, but added in the same breath: "But then I also love all those songs on (Swift's) Fearless (album). I don't really have a place where my music begins and ends."

Adams said he has known Swift for about four years and counts himself as a fan.

Adams released his debut album, Heartbreaker, in 2000. His 2014 self-titled record, his 14th studio release, earned him two Grammy nominations earlier this year, including best rock album. He has also found success as a producer for acts like Willie Nelson and Jenny Lewis.

Adams says in 1989 — the year, not the album — he remembers being in love with music and being aware he wanted to make a career out of it.

"I was already collecting albums. By 15, I was skateboarding. I had gotten my first guitar," he said.

"I had my first record player and I remember I got my first couple of real albums that were my own records and I was really excited about them."

THE ASSOCIATED PRESS



I got to work different parts of my brain, different parts of my heart and different parts of the musical aspects of my personality.

Ryan Adams on his project

INTERVIEW

The mainstream follows Peaches

At some point, Toronto electro-clash provocateur Peaches started to find pop music's fringe a little crowded. But she's welcomed the company. "I always wanted the mainstream to move closer to me instead of me trying to move closer to the mainstream, and actually that's what happened," the Toronto native said in a recent telephone interview. "It's an incredible feeling."

And yet, in a pop landscape where even former Disney stars seem to be borrowing from Peaches' deep stock of shock tactics, and marginalized groups are wrestling more sympathy and attention, she faces a new question. "People are like: 'Well, Peaches, what are you going to shock people with now?'" she explained with a laugh. "Gay marriage is legal in the States, gender issues are being seriously taken into consideration and bullying is a whole movement now."

"I'm also going to keep my eye out and make sure it's not some sort of sensationalist shock trend ... and that it's actually moving forward." Rub, her first record in more than six years, is hardly some compromise to convention. It's recklessly funny, features several unprintable song titles and sonics jagged enough to trip Run the Jewels. "The point was to make it even more raw, with all the great sounds that you can use now — just not polish it up at all," she explained. "Raw, and aggressive, but sonically warm."

THE CANADIAN PRESS



Peaches. GETTY IMAGES

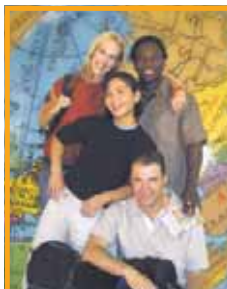
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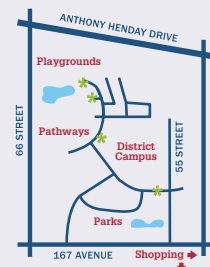
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McGonigal: Gameplay is good for you

VIDEO GAMES

If you're not playing games, you're losing out: Author

Eva
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When you think of video games, the impression might be: mindless button-pushing, no socializing, wasting time. Game designer Jane McGonigal is out to prove that just isn't so.

The author previously challenged perceptions of who a gamer is in her book *Reality Is Broken*. With *SuperBetter: A Revolutionary Approach to Getting Stronger, Happier, Braver and More Resilient* — Powered by the Science of Games, she investigates the science of gam-



Jane McGonigal argues that gaming has positive benefits in her new book. ISTOCK

ing using over 500 studies, and how to turn it into a tool for living better.

"SuperBetter looks at about 20

years' worth of scientific research about how games change the way we respond to stress and challenge," she tells Metro. "Playing

games regularly actually helps us build and practise psychological strengths that are really important when we're facing tough ob-

stacles in our real lives."

In fact, McGonigal designed *SuperBetter* the game to recover from her own traumatic brain injury in 2009, and people have used it to deal with problems ranging from anxiety to chronic pain and even post-traumatic stress disorder. We asked her how picking up a controller can give us more control of our real lives.

The opposite of play

When we think of games as a waste of time, it's easy to say the opposite of it is working. But in McGonigal's view, it's depression. "When we're playing, we activate the parts of the brain associated with willpower, motivation and optimism," she says. Think about what is actually the opposite of that — lethargy, not feeling like you can change anything — and it begins to shift your perspective.

Develop the challenge mindset
Gaming naturally puts you in the challenge mindset. A *SuperBetter* exercise is to think of the biggest problem you're facing, then imagine the worst possible outcome. For example: "I lost my job, so I will turn to a life of crime."

Now think of the opposite of that least helpful response: "I will turn to a life of service." You've just taken back agency, realized you have options and given yourself a new goal.

Real world bonding

"Video game play is a particularly extreme form of synchronization, because you are trying to get inside the mind of another player — whether you're co-operating or competing, you're constantly trying to anticipate their actions." This has been shown — by years of research — to increase compassion, empathy and willingness to offer help.

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NPR

Serial's Season Two

The hit NPR podcast *Serial* will spend its second season taking on the mystery of a U.S. Army sergeant's disappearance in Afghanistan, according to reports.

Maxim, which spoke with several sources but had not received confirmation from NPR, reported that the focus would be the case of Bowe Bergdahl, who disappeared from his post in Afghanistan in 2009 and was then held prisoner by a Taliban-allied group.

Bergdahl was released in 2014 as part of an exchange for Guantanamo Bay detainees. The soldier was said to have been abducted when he walked off the outpost, although his reasons for doing so are unclear and the circumstances of his abduction are mysterious.

Bergdahl was ultimately charged for desertion and misbehaviour before the enemy.

The Hollywood Reporter has since confirmed Maxim's report. **AFF**

ONGOING CASE

Officials deciding if he should face court-martial

Sgt. Bowe Bergdahl's, lawyer earlier this week asked a military court to publicly release a transcript of Bergdahl's interview with military officials and a summary of an investigation into his disappearance. Defence attorney Eugene Fidell has unsuccessfully tried to get the Army to make the documents public while Bergdahl faces charges, including desertion, for leaving his post in Afghanistan in 2009. **THE ASSOCIATED PRESS**



Sgt. Bowe Bergdahl. THE ASSOCIATED PRESS/U.S. ARMY FILE

SOCIAL MEDIA

Facebook launches 360-degree video

Facebook has rolled out 360-degree videos in its News Feed, allowing users to choose their viewing angle.

On the web, users of the social network will be able to do this by dragging the video around with their cursor, while on mobile devices they can drag their finger or even just turn the device.

Last year, Facebook bought the Oculus Rift VR headset for \$2 billion. This latest move could bring the platform's content to a huge audience.

Among those already using the network's upgraded video feature were Discovery, GoPro, NBC's Saturday Night Live and VICE. Disney and Lucasfilm were debuting a 360 experience from *Star Wars: The Force Awakens*.

The videos are due to begin showing up on the web and for



Lucasfilm's Star Wars: The Force Awakens is taking advantage of the new 360-degree video viewer. HANDOUT

Android soon, followed by iOS in the coming months. **AFF**

YouTube star Helbig is making it offline

INTERVIEW

She's tackled network TV, live comedy and publishing

Melita Kuburas
Metro | Canada



Despite the raunchy innuendo of her podcast title, Not Too Deep, Grace Helbig's comedy is more blithe than risqué.

"I feel like dark comedy doesn't look good on me for some reason," says Helbig, 29, who this summer wrapped the first season of her self-titled talk show on E! network. "I have more fun when I try to approach comedy from a slightly more positive and silly angle."

Helbig, who made a name for herself on YouTube where she has 2.7 million subscribers, is performing this Saturday at Just For Laughs comedy festival in Toronto with someone who just might balance out her sweetness — Epic Meal Time's Harley Morenstein, whom she accurately describes as a "six-foot-four bearded, burly dude." Morenstein

is known for attacking recipes on his preposterous cooking show with the swagger and F-bomb frequency of a gansta-rap star wannabe. "But he giggles like a 12-year-old Catholic schoolgirl," says Helbig.

She hopes they will deliver a paired-down, mellow and "strictly dumb" live podcast show for an in-person audience that's likely to be split in half between YouTube fans and more traditional standup comedy goers.

The future of the Grace Helbig Show on E! is up in the air. The sketch show bore a similar style to her online video clips — bright graphics paired with childish games such as rolling around in Velcro suits with her fellow YouTubers. The main difference is that the TV show also featured traditional celebs like Jack Black and Wayne Johnson, but still incorporated fan participation into the scripts. In her interview with Johnson, for instance, Helbig reads a social media comment: "I heard all he has to do is look at a pistachio and it cracks itself open," after which she hands him a nut and a green laser shoots out of Johnson's eyes.

"We're trying to restructure," says Helbig, of the show, admit-

“There was GiGi Gorgeous sitting directly next to Paula Abdul. In my mind I was like, this is what the Internet looks like in real life.”

Grace Helbig, on the Streamy Awards show

ting it was a learning curve for both her and the network. The show last spring debuted to 227,000 viewers in a Friday night time slot — an underwhelming number if compared to Chelsea Handler's Chelsea Lately, which brought in approximately 600,000 viewers a night towards the end of its run.

"Media in general is constantly changing and evolving. It will probably be different when we get off this phone call than it was before jumped on," she says. "We all learned a lot about trying to bring the Internet to TV, to an audience that ... watches The Kardashians more than they watch Jenna Marbles."

Still, Helbig, perhaps more than any other YouTube star, has had a lot of success in crossing back and forth between the traditional and digital platforms. Last year her first book, Grace's Guide: The Art of Pretending to be Grownup hit No. 1 on the New York Times Bestseller list in the advice category a week after launch. She's following it up with a new book out this February titled Grace & Style: The Art of Pretending You Have it.

"It's a tongue-in-cheek style guide and kind of a random brain-smattering of my thoughts on beauty and fashion. I kind of have been calling it a f---d up Pinterest board in a way," she says.

She also recently wrapped production on a reboot of the '70s Electra Woman and the Dyna Girl, which is expected to launch as a series some time this winter.

"We shot in Vancouver for a month and a half which was really cool. We didn't do too much prep. We learned firsthand we probably should have lifted a few weights or something before we got up there," she says of her co-star and frequent collaborator Hannah Hart. "It was a humbling experience because there are some really tacky spandex suits that we have to wear."



Grace Helbig will perform at Just For Laughs. HANDOUT

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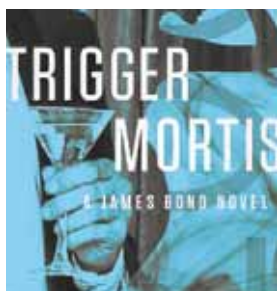


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EBOOKS

Trigger Mortis

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• Kindle/iBooks/Kobo

Drawing upon Ian Fleming's own notes, this Goldfinger sequel remains true to James Bond's dated, 1950's behaviour for an implausibly inventive adventure involving space rockets, racing car and a deck of deadly playing cards. Even Pussy Galore makes a much-appreciated return.



APP

The Earth by Tinybop

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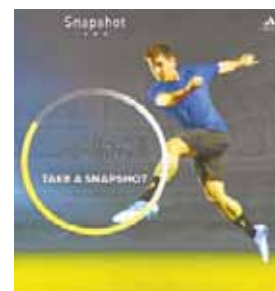


VIDEO GAME

Tomb Raider: Definitive Edition

• Xbox One/PS4
• Rated: Mature 17+

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APP

Adidas Snapshot

• iPhone
• Free

Record yourself kicking a soccer ball and this app will measure the speed, angle and distance of your shot. You can watch the playback in slow-motion, add special effects and share your best kicks on Instagram.



APP

Plume Air Report

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TV SPECIALS

TLC special to spotlight Duggar daughters

Months after a scandal involving a member of the Duggar family shut down TLC's long-running reality hit 19 Kids and Counting, the network is resuming its on-air relationship with the Arkansas brood by starring daughters Jill and Jessa in two or more specials.

Production begins soon with an anticipated airdate by year-end for at least the first of them. Two or three are currently planned, the network said Thursday.

So far untitled, they will feature Jill Dillard, 24, who, with her husband, Derick, and their infant son are preparing to move to El Salvador for missionary work, and sister Jessa Seewald, 22, who with her husband Ben is expecting their first child on Nov. 1.

A production source who spoke on the condition of anonymity said the programs will not include 27-year-old Josh Dug-

gar, the oldest of the Duggar siblings and the subject of revelations last May that, as a teenager, had fondled four of his sisters, including Jill and Jessa. More recently he publicly apologized for a pornography addiction and cheating on his wife.

"What we will be following in these specials is Jessa preparing for her first child," said Nancy Daniels, TLC executive vice-president. "And we'll be watching

Jill preparing to make a major move to Central America with her family."

The project, Daniels said, came together quickly "after talking with the girls and understanding that this was something they wanted to do."

The specials will be following a documentary TLC commissioned and aired to raise awareness of child sexual abuse nationwide.

THE ASSOCIATED PRESS



Ben Seewald, Jessa Seewald, Jill Dillard, holding her baby Israel Dillard and Derick Dillard. TLC VIA THE ASSOCIATED PRESS

Is counting calories out of style?

NUTRITION

New trend says weight control is all about eating whole foods

When Meghan Telpner was diagnosed with Crohn's disease six years ago, she turned her digestive health around, she says, by swapping processed foods for whole foods and liberating herself from the tyranny of counting calories.

"If we avoid foods that went through a chemical lab or processing factory," she says, reiterating her message in *The Undiet Cookbook*, due out in October, "then the rest takes care of itself."

Telpner, now a holistic nutritionist, is part of a movement among nutrition-minded folks who view counting calories — on apps, in your head, via subtracting it from Fitbit stats — as a "broken model" for determining the health of a food. And for maintaining a healthy body weight.

It's all because calories are not created equal, she says. The tiny units of energy in food — and what the body burns as fuel — behave differently depending on their source. A handful of gummy bears, for instance, may ring in at 200 calories just like a portion of avocado. But the candy will spike insulin, stress hormones and cravings, where the fibrous fruit, which digests gradually, will just make you



There is a growing movement among nutrition-minded folks who view counting calories — on apps, in your head, via subtracting it from Fitbit stats — as a "broken model" for determining the health of a food. iSTOCK

feel full without the crazy hunger swings.

Not to mention, Telpner says, it's easier to overindulge in foods with added salt, sugar and fat, which are engineered with the perfect "mouth feel" or "crunch" and goad us to overeat.

That logic has "nuggets of truth," experts agree, because

the less processed a food — an intact grain vs. milled flour; a beet vs. granulated sugar — the more difficult it is to digest, the longer its journey through the small intestine and therefore; the more satiated and satisfied we'll feel after eating it.

But in the final analysis, they say, any differences in the digestion between foods of the same

calorie count are tiny.

If you eat too much of anything — and that includes nutritious foods — you'll gain weight, says Nick Bellissimo, associate professor of nutritional physiology at Ryerson's School of Nutrition. The laws of thermodynamics are immutable, he says, and weight change remains a matter of

"simple math:" calories in vs. calories out.

So, like any diet — the low-fat craze, low-carb craze, Paleo, to name a few — this new anti-calorie-counting "fad" is no panacea.

Although, he says, it does have its merits. Counting calories becomes futile when people don't know how many

they need in a day to maintain their weight — or shed some.

Read magazines, consume media and come across ubiquitous numbers, telling men to consume 2,000 calories a day and women to eat about 1,200 calories a day. But they're based on the rudimentary — and incorrect — premise that men are bigger and burn more, Bellissimo says.

For one, he says, those estimates don't take into account activity level — exercising burns calories, and the more muscles you have the more calories you'll burn at rest — or other important factors such as psychology, hormones, sleep, stress, even the body's drive to defend some predetermined weight.

"It's a complicated mess," Bellissimo says, of why some people just can't lose weight even when they cut down their intake. "And a lot of factors may actually be beyond anyone's conscious control."

It's the unknowns — emotions, habits — that can make "diets" impractical and unsuccessful, says registered dietitian Nanci Guest.

Plus, she says, there's no scientific evidence that a "whole foods" diet is better or worse than any other diet. Some have success eating high-protein, low-carbohydrate regimens; others swear by the opposite. "In the end, there's no difference," she says.

"It's just a matter of what works for you and sticking to that." TORSTAR NEWS SERVICE

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The world celebrates the bicycle day

English heritage takes spotlight

Burberry

British fashion attracting a global plugged-in clientele

A live orchestra, a starry front row, clothes boasting a proud British heritage and craftsmanship: Burberry knows how to put on a crowd-pleasing spectacle. The luxury British design house blended fashion with entertainment in its biannual display at London Fashion Week Monday, a well-oiled production and a key event to boost sales and brand prestige.

Actors Benedict Cumberbatch, Sienna Miller and Naomie Harris squeezed in the front row, joining a posse of models led by Kate Moss and Cara Delevingne.

A new talking point this season was the live music: Burberry has put on music performances before, but not like this. Models sashayed around an orchestra pit housing a 32-piece orchestra and singer Alison Moyet, who starred centre-stage in the middle of the tent.

The clothes, of course, are the main selling point, and Burberry makes sure there is something for everybody.

A key theme is mixing elegant with street cool.

There were lots of opulent black and gold English lace, wispy sheer outfits and silk slip dresses, dressed down with unbuttoned fluid trenches, nylon rucksacks and sporty flat sandals — casual gear that could have been worn by any college student, if not for the giveaway gold chain and buckle details.

The brand's best-known beige trench took a backseat to military-style outerwear — black and navy pea coats with bright gold piping and gold buttons, which design chief Christopher Bailey said were made by the

same company that dresses Britain's royal guards.

If the show didn't feel particularly summery, what with the mix of silks and heavy coats, it's because Burberry wants to cater as many international customers — especially those in China, a big part of its market — as possible.

"I like the idea that it's not just about the season, it's about an attitude because half the world is boiling hot, half the world is freezing cold," Bailey said backstage.

Under Bailey, Burberry has aggressively used social media and technology to expand its market reach and entice new customers.

The brand has live-streamed its show to millions worldwide via its many online platforms for several seasons, and offers new merchandise for instant purchase.

Monday's show was for the first time previewed the previous evening on the social messaging platform Snapchat, which meant that users saw the collection before it was officially unveiled at the show.

It does raise the question: Will the fashion show soon become obsolete? Bailey doesn't seem to think so, and said there's still a place for putting on an expensive event for live guests.

"There's room for everything, I don't think one thing cancels the other," he said.

THE ASSOCIATED PRESS



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*Taxes extra.

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Finance rate	Lease rate	Lease payment	Includes
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*Taxes extra.

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A mountain immersed in myth

All travellers, foreign and Cubans living abroad, must have a medical insurance policy when travelling to Cuba. Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on September 25, 2015, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated. From Edmonton International Airport in Economy class and include scratches. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. ** \$200 per adult and \$100 per child (age 2-12). Valid Air Hotel & Transfer packages of 7 nights or more to Mexico and the Caribbean. Valid for departures between Nov. 1, 2015 and April 30, 2016. Valid on group bookings. *Available in conjunction with flight-inclusive packages. Non-stop flights via Edmonton. Excluding USA & Europe destinations. ** Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.



The Yellow Backie, like "couchsurfing on a bike." 2015 YOUTUBE, LLC

RIDESHARE SCHEME

Hitchhike on a bike in Amsterdam

A team of entrepreneurs in Amsterdam has come up with perhaps the most quintessentially Dutch way to hitchhike: on a bike.

The scheme called Yellow Backie is designed with the tourist in mind, offering visitors an authentic way to see the city and meet a local.

Hitching a ride on the back of a friend's bike is a common way for locals to get around the city.

Described as being akin to "couchsurfing on a bike," the concept invites Amsterdam-

mers who are open to meeting new people to replace the luggage rack on the back of their bike with a yellow rack, provided for free by the bike tour and rental company.

Tourists will be able to identify participants by the distinctive yellow seat and flag down a ride by yelling, "Backie!"

Unlike a cab or Uber ride, however, the principle behind the idea is for visitors to let their driver serve as an impromptu tour guide.

The program is free and is app-free. AFP

Set up Nexus interview at land border, not airport

ON THE MOVE

Answering your Qs on hotel deals, travel ID cards and more

Loren Christie
For Metro Canada



Time to dip into the Metro mailbag and respond to some readers' questions.

How can you ensure you are getting the best deal for your hotel room?

With the number of online travel agencies, wholesalers and consolidators out there, trying to figure out who offers the best value can be overwhelming. And remember it's important to consider the best value versus the best deal because you really do get what you pay for. Your great deal may end up being the room that hasn't been renovated in 10 years that overlooks a brick

wall. Or perhaps your amazingly cheap room might be at a hotel that ends up charging you exorbitant rates for your parking and breakfast. You need to evaluate all of the costs associated with the hotel you are choosing.

For the best value consider booking an accommodation package. Hotels sell their cheapest rooms to companies willing to bury the rate in the cost of a package, which could include breakfast, parking, attractions passes or other value-adds.

Thoughts on a Nexus card?

This bi-national pre-approved customs and immigration pass will help speed you through customs lines on both sides of the border. Apply online and once you are initially approved, you then go for a personal interview. Set up your application interview appointment at a land border, not

the airport. The waiting list at the airport can take a long time whereas land borders can often process you within days.

Are repositioning cruises a good deal?

When ships relocate from one part of the world to sail in another it is called a repositioning cruise. The deals can be as much as 70 per cent off the cost of a regular cruise. However, be prepared for more days at sea, potentially costly one-way flights

and travel to destinations in the shoulder seasons.

What is the difference between a four- and five-star hotel in the Caribbean?

Unlike North American hotels, where stars indicate a level of quality, the star rating systems of Caribbean resorts serve to differentiate the services and amenities offered. Additionally, different tour operators use varied criteria for awarding the stars. For example, the difference between a four-star and five-star hotel may be that one has a tennis court while the other does not. So if you are a beach bum who has never picked up a racket, why not save some money and stay at the lower-rated property?

Repositioning cruises may seem like a great deal, but beware of hidden costs. iStock



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HEALTH & WELLNESS

Don't just chill out

Cooler months are great to try new a new hobby

It may be getting a little cooler and a little tougher to get out of bed in the morning for a workout, but that doesn't mean you can't keep fit and have fun, too.

At least not according to Jimmy Hartley, Calgary Fit Body Boot Camp owner and trainer, who says it's a great time to learn a winter sport all in the name of fitness.

"It's important for us to get outside at all times of the year, even the winter, so it's a good time to get out and try a new hobby like downhill skiing, snowshoeing or skating," Hartley says. "Not only are winter activities a



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lot of fun, but they burn a lot of calories, too, which makes it a fantastic workout. We live in Canada, so it's cold like six or eight months of the year, so it's just good to make sure you still get outside and stay active."

But when the temperatures really gets cold,

Hartley says there are hundreds of exercises people can do inside, using things as simple as a floor and yoga mat with some dumbbells. Or the stairs, couch and kitchen table.

"You can literally turn a part of your home into a gym simply by using some furniture,"

BRAVE THE COLD

Revival Fitness owner and trainer Adam Crow has a few tips for those fearless souls willing to brave the cold for a good workout.

LAYERS — Dress for success, including warm socks, gloves, hat, long johns, etc.

MUSIC — The colder it is, the harder it is to get motivated, so create a fun playlist.

COFFEE — Have it ready for when you hop out of bed in the morning.

Hartley says. "Or the stairs or just some weights. Maybe some sit-ups, pushups — it's all really simple to do from home.

"And if you do make it outside, don't forget to layer up — it's easier to peel it off than to add it on."

It's no coincidence that local gyms and boot camps get busier in the winter months as well, so a membership to the local workout facility is always an option to beat the cold.

— Krista Sylvester



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RAISING ECZEMA AWARENESS

Winter can be long and cold for most Canadians, but it can feel even longer for the estimated five million Canadians who suffer from eczema.

With Eczema Awareness Month coming up in November, the Eczema Society of Canada is hoping to raise awareness about the often painful and distressing condition, says society executive director Amanda Cresswell-Melville.

"For some sufferers, their mild condition consists of dry, itchy skin," she says. "For others, with moderate to severe eczema, it can mean constant itching and pain, and can impact every aspect of life."

For people living with eczema there are many psychological challenges that go beyond

the physical ones, and sufferers often don't know where to turn to get help for the debilitating condition, Cresswell-Melville says.

"Living with a chronic disease like eczema is stressful, and the psychological burdens are often significant, but we want people to know there is help."

That's why the Eczema Society of Canada is hosting its fifth annual Life With Eczema events in Edmonton and Calgary in November. This year's topics include help for hand eczema, treatments and the top 10 tips from experts.

The Edmonton event will be held Nov. 17 and the Calgary event will be held Nov. 19. For more information or to register, visit eczemahelp.ca.



CONTRIBUTED

NOT YOUR AVERAGE ACTIVEWEAR

Sometimes the finishing touches on a great workout just requires the right activewear clothing — and that’s why BeFit chooses only to work with the most reputable partners.

BeFit, a wellness studio designed to give people the opportunity to pursue whole body and fitness training in a community-focused environment, was created by Meagan Hazlewood, who has chosen to promote Lolë’s bold and beautiful active-wear clothing for women.

“This clothing line provides quality outerwear and ladies apparel to match a variety of active lifestyles,” she says. “The Montreal-based company is also focused on being sustainable, and has the leading edge when it comes to factory standards. And we recommend completing your outfit with our Derrick Alexander bags.”

The clothing is made from several different fabrics and each has its purpose.

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raw material wood and is extremely eco-friendly.

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“Our surgeons began practising in the areas of cataract and refractive laser surgery when the field was relatively new, and are well-known worldwide as innovators in surgical

practice, and the procedures they pioneered are now common across the industry,” he says, adding they have been using a new procedure called KAMRA Inlay.

“It’s used to help patients reduce or eliminate their use of reading glasses. This has been done widely in other parts of Canada and the world, but is relatively new in Western Canada.”

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What lies ahead

MLB After all but slaying the Yankees, Jays control destiny

The Toronto Blue Jays are in the American League East driver's seat. They are the favourites to win the division title and are a virtual lock to make their first playoff appearance in 22 years.

Here are five things to watch as the regular season winds down:

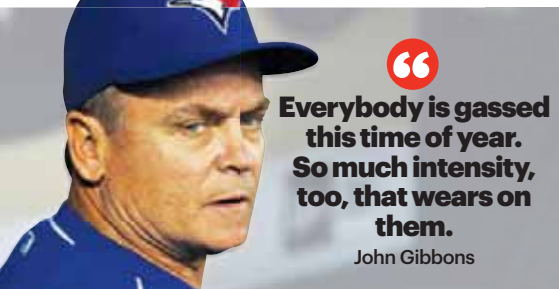
PRICE POSITION

The Blue Jays acquired ace David Price at the trade deadline to handle big games — especially against the New York Yankees — over the playoff push in the second half. With an 8-1 record and 1.95 earned-run average since joining Toronto, he has come as advertised.

His next start is scheduled for Saturday against the visiting Tampa Bay Rays and he'll get another start next week in Baltimore.

If the Blue Jays fall into a wild-card position, Price could be used in the Oct. 6 game on five days rest. But it's much more likely they'll take the East title and start him in the American League Division Series opener on Oct. 8.

Knuckleballer R.A. Dickey will start against the Rays on Friday night and veteran southpaw Mark Buehrle will close out the home-stand on Sunday.



“Everybody is gassed this time of year. So much intensity, too, that wears on them.”

John Gibbons

EAST FEAST

It has been an American League East-heavy schedule for the first-place Blue Jays of late and they'll continue that trend for the remaining 10 games.

After the home schedule is completed Sunday against the Rays, it's on to Baltimore for four games before wrapping the campaign with three games at Tampa Bay.

The second-place Yankees are three games behind the Blue Jays after Thursday night's 3-2 win over the White Sox and are home for four-game sets against Chicago White Sox and Boston Red Sox before closing their season with a three-game series in Baltimore.

REST EASIER

The 162-game regular season is a long one and any

time off around this time of year is precious.

The Yankees have games scheduled every day until their finale Oct. 4. The Blue Jays, who have played one more game than New York, got a break Thursday before kicking off their last home series against Tampa Bay on Friday night.

“That's got to help us, everybody is gassed this time of year,” said Blue Jays manager John Gibbons. “So much intensity too, that wears on them.”

POWER PLAY

Toronto's offence has cooled a bit of late but the team should still finish first in several offensive categories this season.

The Blue Jays lead the

major leagues in runs scored, home runs, slugging percentage and OPS (on-base percentage plus slugging). Toronto also has three players — Josh Donaldson, Jose Bautista and Edwin Encarnacion — who have reached the 35-homer and 100-RBI plateaus.

It's only the second time in franchise history that three players have accomplished the feat in the same year.

The 1998 Blue Jays boasted a power trio that included Jose Canseco (46 homers, 107 RBIs), Carlos Delgado (38-115) and Shawn Green (35-100).

Donaldson leads the way this year with 39 homers and 120 RBIs. Bautista has 36 homers — one more than Encarnacion — and both have 105 RBIs.

ALDS PLANS

The Blue Jays have an idea of the rotation they'd like to use in the best-of-five ALDS, but they don't want to get too far ahead of themselves.

If they win the division, expect Price to work two games with Dickey and Marcus Stroman likely to get starts as well. If that happens, the Blue Jays would then have to decide whether to go with Marco Estrada or Buehrle for the remaining nod.

The ALDS is a best-of-five affair Oct. 8-14. The American League Championship Series is set for Oct. 16-24 and the World Series — also a best-of-seven series — is Oct. 27-Nov. 4.

THE CANADIAN PRESS/ALL PHOTOS GETTY IMAGES



Carlos Beltran watches his three-run homer leave Yankee Stadium on Thursday night. THE ASSOCIATED PRESS

AL EAST

Yankees inch closer to playoff position

Carlos Beltran hit a three-run homer off White Sox ace Chris Sale, leading Michael Pineda and the New York Yankees past Chicago 3-2 Thursday night in their push for a playoff spot.

After a tribute before their first home game since October great Yogi Berra died, the Yankees closed within three games of idle Toronto in the AL East. New York cut its magic number to six for clinching at least a wild-card slot.

Beltran, a post-season star throughout his career, gave the Yankees a boost to begin their final homestand of the season. He connected in the third in-

THURSDAY In New York

3	2
YANKEES	WHITE SOX

ning for his 18th homer, a line drive that a young boy in the front row of the left-field seats neatly gloved.

Pineda (12-8) gave up one run, on Trayce Thompson's homer, in six innings. He improved the best strikeout-to-walk ratio in the AL, fanning six without a free pass.

THE ASSOCIATED PRESS

+ AL WEST

Rangers roll into Houston

The Texas Rangers have given Cole Hamels plenty of run support since acquiring him in a trade from Philadelphia in late July.

Not that the three-time All-Star has needed much.

Hamels pitched six innings to earn his fifth consecutive win, Prince Fielder hit his 22nd homer and the Texas

Rangers beat the Oakland Athletics 8-1 on Thursday to complete a three-game sweep.

The Rangers moved a season-high 14 games over .500 and extended their lead to 3-1/2 games over the idle Astros in the AL West. Texas heads to Houston to begin a pivotal three-game series on Friday. THE ASSOCIATED PRESS

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Healthy QBs a rare sight in the league

CFL

Just three pivots have avoided injury this season

Bo Levi Mitchell hasn't resorted to tucking a four-leaf clover in his shoe or clipping a lucky rabbit's foot to his uniform.

Heading into Friday's game against the Blue Bombers, the Calgary Stampeders quarterback is one of only three pivots who has avoided injury and started every game for his team this season.

Despite his counterparts falling like dominoes across the CFL, Mitchell said Thursday he's not about to change his style.

"I just go out there and play the way I play football," he said, noting he missed three games last year because of injury.

"I'm not going to change anything up. I'm not going to



Bo Levi Mitchell is one of the few CFL starting QBs who has stayed healthy all year. THE CANADIAN PRESS

tell myself not to run more or anything like that."

Ottawa's Henry Burris has also stayed healthy this season, while backup Trevor Harris has had the reins from the get-go in Toronto with No. 1 Ricky Ray recovering from off-season shoulder surgery. Ray is back

practising.

The number of injured quarterbacks has climbed every year since 2011, according to CFL statistician Steve Daniel.

Going into this weekend's action, the nine clubs have started 19 different quarterbacks because of injuries or per-

formance, Daniel said, adding Bomber Matt Nichols is counted twice as he's started for Edmonton and Winnipeg.

That number will climb to 20 after B.C. plays this weekend, with Jonathon Jennings expected to start for the Lions in place of recently injured John Beck. It moves to 21 when Hamilton finishes its bye week and has to use a new starter for Zach Collaros, who's out for the season with a knee injury.

Daniel said in a phone interview he dug up stats going back to 2000 and a high of 22 different quarterbacks were used in 2007.

He also calculated the number of quarterbacks who specifically missed playing time because of injury and it's been rising the past five years.

Five quarterbacks were injured in 2011 (the lowest in the past 15 years), six in 2012, eight in 2013, 11 last year and it's up to 12 this season, including Ray.

THE CANADIAN PRESS

IN BRIEF

Metta World Peace finds peace with L.A. Lakers

The Los Angeles Lakers are giving Metta World Peace another chance.

The veteran forward resigned with Los Angeles on Thursday, agreeing to a one-year deal to resume his NBA career.

He won a championship ring with the Lakers in 2010 when he was still known as Ron Artest, starting all 23 post-season games in the highlight of his four-year tenure in Los Angeles.

Although his play appeared to decline sharply before Los Angeles released him through the amnesty clause in July 2013, his steadfast friendship with Kobe Bryant and his ability to mentor the Lakers' talented young core apparently played roles in the club's decision to bring back the 35-year-old former troublemaker.

THE ASSOCIATED PRESS

Stenson leads Tour Championship with 63

Just getting to East Lake is the challenge for Henrik Stenson. Playing the golf course appears to be the

easy part.

Two years after his wire-to-wire victory to capture the FedEx Cup, Stenson was just as dominant Thursday until he stalled at the end and had to settle for a 7-under 63 and a two-shot lead over Paul Casey in the Tour Championship.

THE ASSOCIATED PRESS

Namibians hold All Blacks to 58 at Rugby World Cup

Nobody does ruthless like New Zealand. Three of the six highest scores in Rugby World Cup history are the All Blacks'.

Another big score was predicted from a game in which they were the 77-point favourites at the Olympic Stadium on Thursday, but Namibia promised it wouldn't lose by that much and it fulfilled its promise.

The Namibians lost by only 58-14, and were proud losers.

At their fifth Rugby World Cup, they're trying to win their first Cup match. Their 16-match losing streak is the longest in tournament history.

THE ASSOCIATED PRESS



NFL GIANTS DITCH SECOND-HALF BLUES Eli Manning looks to pass during the New York Giants game against the Washington Redskins on Thursday night in East Rutherford, N.J. The Giants held on to win the game 32-21. GETTY IMAGES

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RECIPE BLT Ranch Burgers

After hosting sunset dinner parties for friends and family, Katie Lee, co-host of The Food Network's The Kitchen, compiled her favourite recipes into the Endless Summer Cookbook released this year.

"I made these burgers for a group of friends one afternoon and they pretty much lost their minds," she says. "The ranch dressing is rich and creamy next to the beefy burger with that crispy bacon, lettuce, and tomato."

Makes 4 burgers.

Ingredients

For the dressing:

- 1 cup (240 ml) mayonnaise
- 1/2 cup (120 ml) plain yogurt
- 1/4 cup (60 ml) buttermilk
- 2 Tbsp minced fresh chives
- 2 Tbsp minced fresh flat-leaf parsley
- 1/4 tsp salt
- 1/4 tsp freshly ground black pepper
- 1/4 tsp garlic powder

For the burgers:

- 1 lb (455 g) lean ground beef

- 1 Tbsp Worcestershire sauce
- 1 large egg, lightly beaten
- 1/2 tsp salt
- 1/4 tsp freshly ground black pepper
- 8 pieces cooked bacon, cut in half
- 1 ripe tomato, sliced
- Bibb lettuce leaves
- 4 potato buns, buttered and toasted

Directions

1. Make the dressing: Combine all the dressing ingredients and mix well.

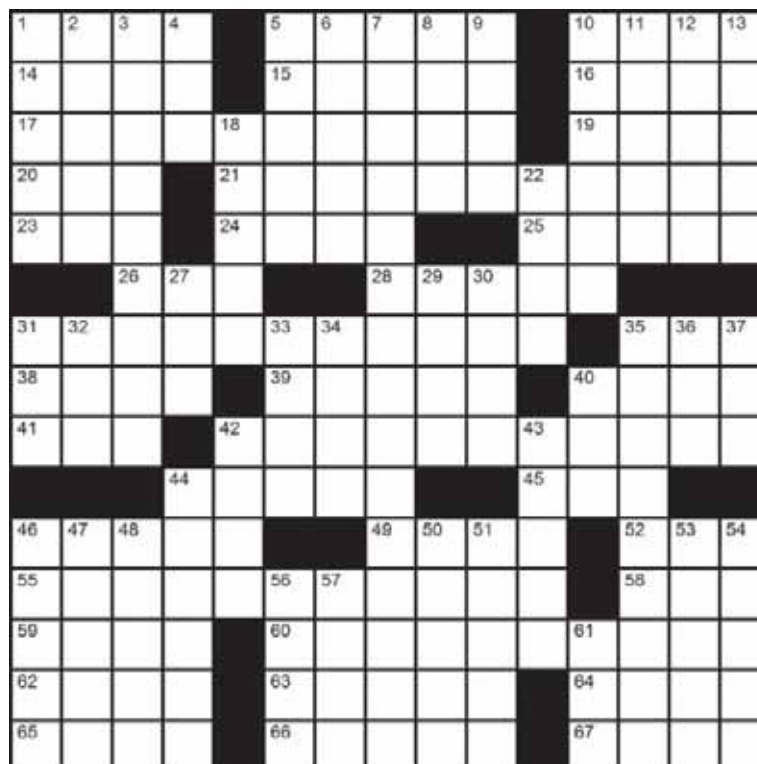
2. Make the burgers: Preheat an outdoor grill to medium-high. In a bowl, combine the beef, Worcestershire sauce, egg, salt, and pepper. Shape into four patties. Grill the patties for about 3 minutes per side for medium doneness.

3. Place each patty on a bun and top with bacon, tomato, lettuce, and a generous dollop of dressing. Serve immediately.

AFP

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Good Queen __ (Nick-name for Elizabeth I, b.1533 - d.1603)
5. Jenny __ (Weight loss program)
10. Ginger cookie
14. Plant-derived gel
15. Moviedom's Mr. McDowall
16. Knitting stitch
17. Looks-like-a-lizard amphibian
19. Stewpot
20. "___ sure be nice if..."
21. Legendary markswoman from Ohio (b.1860 - d.1926) who (apparently) got married in Canada (in Windsor) in 1882: 2 wds.
23. Floral necklace
24. Belonging to Jay Z's wife, fun-style
25. Ms. Aglukkaq (Canada's Environment Minister)
26. Music genre
28. Shrek's kin
31. __ Hawk (Largest hawk of North America that has some rusty plumage)
35. Authorize
38. Heroic verse
39. Reddish-rose dye
40. Automaker of Italy
41. Get the ribbon
42. Canadian businessman Kevin O'Leary's nickname for himself: 2 wds.
44. Rage: 2 wds.
45. Dance tip



- in ballet
46. Sandbank
49. Breakfast side order
52. Prime meridian std.
55. Skillful triumph or feat: 3 mots
58. Motor City org.
59. Stars sci.

60. Fort __, Florida
62. "From __ You" by The Beatles
63. Plains animal
64. Sky bear
65. Ship's front
66. Watchful
67. __ __ (Fargo's locale)

DOWN

1. Mr. Rathbone of classic movies
2. Make merry
3. Persevere: 2 wds.
4. Above Level link
5. Stretch one's neck for a better look
6. __ & The Daytonas

- nas (Surfer music band)
7. National Historic Site of Canada...
- Grassy homestead attraction in Saskatchewan: 3 wds.
8. Obsession, __ fixe
9. Streetside sand-

- with sort
10. Bicycle wheel parts
11. Void, in Venice
12. "Over the Rainbow" co-composer Harold
13. Beach: Spanish
18. Cape Breton hometown of The Rankin Family
22. Frothy quaffs
27. Married title
29. Leavin'
30. __ um die Welt (Around the world, in German)
31. Not many
32. Prefix with 'dermis'
33. Wheat __
34. Des Moines locale
35. Beach supervisor
36. Quebec tap fluid
37. Final amt.
40. Backwards
42. Blend
43. Archaic anesthetic
44. Pushcart, perhaps loaded with earth or gravel
46. Certain collectible
47. Grass sprayer
48. __ __ lunch (Not on the ball)
50. Great enthusiasm [var. sp.]
51. Fragrance
53. Dip for tortillas
54. Fine-tune
56. "Prometheus" (2012) star Idris
57. Tank
61. Horse coat hue

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will be impatient of restriction and intolerant of people who don't live up to your expectations. But be careful who you clash with — you could make some powerful enemies.

Taurus April 21 - May 21
Be careful how hard you push yourself today because there is a possibility you might strain yourself if you take on too much. Know what your limits are and stay within them.

Gemini May 22 - June 21
The Sun in Libra does wonders for your confidence but other aspects warn you could easily overextend yourself. You have what it takes to win big but first you need to be aware of your shortcomings.

Cancer June 22 - July 23
Mars encourages you to say things you may later regret. If you want to avoid unpleasant scenes further down the line you must not lose your temper.

Leo July 24 - Aug. 23
Make sure you think before you speak or act today. Don't assume that because something is amusing to you it will be amusing to everyone else. Practical jokes are a no-no.

Virgo Aug. 24 - Sept. 23
Because you are usually such a modest individual it will come as a surprise to some when you reveal your aggressive side today. If you are not getting what you deserve, make a scene. It will be effective.

Libra Sept. 24 - Oct. 23
You will clash with someone whose views and opinions you disagree with. Don't back down. It is unlikely you will find common ground, so go all out to win the argument.

Scorpio Oct. 24 - Nov. 22
It's not often that you get up in front of other people and lay down the law but you will do so today. It annoys you to think that the answer to a major problem is obvious to you but no one else seems able to see it.

Sagittarius Nov. 23 - Dec. 21
The time is ripe to make a play for power. It is, of course, possible that you will go too far or expect too much but rather than you make no effort at all.

Capricorn Dec. 22 - Jan. 20
You will react badly to anyone who tries to tell you what to do, even if they have every right to point out your failings or point out the way. Try not to be quite so aggressive.

Aquarius Jan. 21 - Feb. 19
If you make a mistake today it is sure to be a big one. Don't try to cover it up or shift the blame as that will make matters worse. Everyone gets it wrong now and again, even an Aquarius. It's no big deal.

Pisces Feb. 20 - March 20
Plan something enjoyable for the weekend, something that takes you out of yourself. Forget about your woes and have a really good time with your friends or your family.

CONCEPTIS SUDOKU by Dave Green

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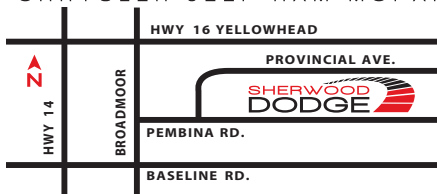
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